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Weekend, October 14-16, 2011
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News worth sharing.

Rallying together

- Halifax to join global protests Saturday
- Donations coming in for food, supplies



ALY THOMSON
HALIFAX@METRONWS.CA

Occupy Nova Scotia will rally with its sisters on Saturday in what has been named a day for global mass action.

Dylan Sagar, an administrator of the group's Facebook page, expects the rally at Grand Parade in downtown Halifax to be a peaceful one.

"This is the country that we will be inheriting, and if we choose not to use the current systems in place, then where are you?" he asked, adding the action begins at 11 a.m.

"If you're peaceful about it, it's more frustrating for them."

Const. Brian Palmeter of Halifax Regional Police said officers spoke with organizers on Thursday.

"Our goal is to ensure the safety of the people there to lawfully and peacefully protest, which they

300

The number of protesters Dylan Sagar predicts will come to Saturday's rally.

are entitled to do," he said.

"Our role is to monitor the event and respond in the event that we are needed. But if we're not needed then we'll just stand by."

The worldwide phenomenon made its way to the region earlier this month. The group now has more than 2,500 Facebook likes and 900 Twitter followers.

Although the protests on Wall Street in New York City is what roused the local version, the group has its own take on things.

"We're rallying behind local issues," he said.

More coverage {page 12}

Comeback. Kids



► Halifax Mooseheads forward Alexandre Cote, centre, celebrates his third-period goal against the Blainville-Boisbriand Armada during Thursday night's QMJHL game at the Metro Centre.

RYAN TAPLIN/METRO

Mooseheads battle back for the win

Cote's goal would stand up as the game-winner as the Mooseheads came from behind to sink the Armada 5-3. It was the team's fourth-straight victory. See story, page 34.



WEEKEND SPECIALS FRI-SUN

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WINTER BRUSH BURNING

Did You Know that Wildfires are four times more likely to occur in the spring months, from mid March to early May, than at any other time during the year?

Traditionally, many Nova Scotia property owners think about cleaning up the yard in the spring, but unless we've had a number of large snow-falls over the winter, dead grass and other vegetation in your yard can dry out quickly and become flammable as early as mid-March. In fact, the highest number of wildfires occurs in April and May, usually the result of grass or brush burning that got out of control.

You can greatly reduce the risk of a fire spreading by burning brush when there is a blanket of snow on the

ground. It's easy. The following steps will help you prepare to burn brush more safely.

1. Gather and pile brush in an open area away from over-hanging branches. You must have a minimum clearance of 75' (23 meters) to any dwelling or accessory building.
2. In the fall, cover the brush pile with a tarp. Keep the pile covered for at least two months before you burn.
3. When you are ready to burn, choose a calm day (wind 10 km/h and below) with snow on the ground. Remove the tarp.
4. Place crumpled pieces of newspaper into the brush around the base of the pile.
5. Light the paper all around the base of the pile. Do not use the fire to dispose of household garbage, or use old



tires, oil or other accelerants.

6. As a bonus, the combination of the dry, tarp-covered wood and the cold

winter air will mean the fire will burn faster and cleaner with less annoying smoke for you and your neighbours.



HALLOWEEN FIRE SAFETY TIPS

Halloween is a fun time of the year with lots of great activities such as trick-or-treating with your kids. Make this Halloween season safe for your family with a few easy fire safety tips:

- Dried flowers, cornstalks, straw or hay bales and crepe paper are highly flammable. Keep those and other

decorations well away from all open flames and heat sources, including light bulbs and heaters.

- According to National Fire Protection Association (NFPA) statistics, decorations are the first thing to ignite in more than 1,000 reported home fires each year.

- It is safest to use a flashlight or battery-operated candle in a jack-o-lantern. If you use a real candle, use extreme caution. Make sure children are watched at all time when candles are lit. When lighting candles inside jack-o-lanterns, use long, fireplace-style matches or a utility lighter.
- Use flashlights as alternatives to candles or torch lights when decorating walkways and yards. They are much safer for trick-or-treating.

HEY KIDS!

Don't forget to take part in HRM's Fire Prevention Week contest. Ask your teacher for a copy of the contest or visit halifax.ca/fireprevention *HRM Schools only



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REGIONAL MUNICIPALITY



Jack's 'stache a growing legacy

▶ Chow reads excerpt from Jack Layton's final letter at conference



ALY THOMSON
HALIFAX@METRONEWS.CA

Olivia Chow spoke of Jack Layton's inspiring "hope," "courage," and "love" at a prostate cancer luncheon in Halifax on Thursday.

More than 200 people sporting Prostate Cancer Canada's signature blue striped ties, hats and handkerchiefs packed the room at Halifax Marriott Harbourfront Hotel for an annual Leaders' Conference.

"He felt very blessed to have the opportunity to speak out about prostate cancer, and to do so with a national stage — something he knew would help other men," Chow told delegates of her late husband and former federal NDP leader, who passed away in late August.

Chow, the MP for Trinity—Spadina in Toronto, applauded Nova Scotia's free prostate specific antigen (PSA) blood testing program, the test that detects the cancer, and spoke of the need for the same system country-wide.

"Men already make enough excuses," she joked, adding Layton was tested every year on the

"Because of your work, people's lives become meaningful and less scary."

OLIVIA CHOW TO THE CROWD AT THURSDAY'S LEADERS CONFERENCE FOR PROSTATE CANCER CANADA

advice of his father, a prostate cancer survivor.

Chow hailed multiple standing ovations from the attentive crowd, and sparked more than a few eruptions of laughter.

"We have a team of New Democrats determined to grow the best moustaches in town, and we call them our 'New Dem-MO-cratics,'" she said, referring to next month's Movember fundraiser that raises money for men's health.

All jokes aside, Chow said she hopes to help make this the best Movember in Canada's history, and believes the legacy of her husband's prominent and recognizable moustache will encourage that.

Layton was diagnosed with prostate cancer in early 2010, and took leave of his duties earlier this year to fight an unspecified, newly diagnosed cancer.

When asked by an audience member the reasoning for concealing the illness that took his life, Chow said, "he didn't want people to lose hope if they had that kind of cancer."



▶ Olivia Chow, an NDP MP from Ontario and wife of the late Jack Layton, speaks at a national prostate cancer survivors conference at the Marriott Harbourfront Hotel in Halifax on Thursday.

Cancer survivor inspired by conferences

A few years ago, Paul Lamarre didn't think he'd be attending a conference for prostate cancer.

But last year, he was diagnosed with the cancer and had been undergoing treatment for it until May

of this year.

"I was a very sick puppy coming out of it all, but I have come out the other side," Lamarre said Thursday.

He's since been inspired to attend other

conferences much like Prostate Cancer Canada Network Leaders' Conference in Halifax this weekend, and hopes to bring information back to his home in Abbotsford, B.C.

● ALY THOMSON

1
news



As if you needed more incentive to learn a second language, a new study suggests bilingualism keeps Alzheimer's symptoms at bay. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

RIM's co-CEO takes to YouTube to apologize for the recent BlackBerry service outage. Video at metronews.ca/video

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75

The approximate number of networks nationwide for Prostate Cancer Canada.



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HEATHER GILLIS/FOR METRO



► Crystal Ross, assistant director of Argyle Fine Art, hangs artwork by Angela Carlsen in preparation for Nocturne on Saturday. There will be an interactive life-size Lite-Brite set up outside the gallery for the event.

Nighttime art party drawing big crowds

► Popular annual art event runs from 6 p.m. to midnight on Saturday ► Six art zones, including a mobile zone



HEATHER GILLIS
HALIFAX@METRONEWS.CA

It's become a must-see event on the Halifax entertainment calendar.

Nocturne: Art at Night continually draws bigger crowds and more artists since beginning in 2008.

"It brings art to the average person," said Adriana Afford, owner of Argyle Fine Art, as to why this event has become so successful.

In a nutshell, Nocturne showcases visual art in public spaces. Artwork will be displayed across Halifax in galleries and on the streets on Saturday night, including on the Halifax-Dartmouth ferry.

Access Nocturne

- Accessible Nocturne will have a two-hour wheelchair-accessible tour bus, with nine spaces for wheelchairs and 20 walk-on spots.
- The bus is free and departs from Spring Garden Road public library at 8 p.m.
- To register, email accessiblenocturne@gmail.com.

It's a chance for artists to be more accessible and to connect with potential customers, Afford said.

"It's just that added exposure," she said. "It's a really great night for the artists."

You can view all there is to see by bus, bike or the old fashion way: on foot.

"That way you'll see everything you need to," said Rose Zack, chair of the Nocturne board of directors. "It won't be the same show every year," she added. "Every year it's transformed. Never expect the same thing year in and year out."

If you're wondering what stops to make or how to get to the galleries and events, don't worry. This year there's an app for that.

"Last year we had a Google map, sort of a poor man's app," Zack said with a laugh, "and we had 27,000 downloads. I think Nocturne lends itself perfectly to an app."

The Nocturne app is free and you can download it at Nocturnehalifax.ca

Friend using social media in search for missing woman

CONTRIBUTED

Maggie Chickness is using modern technology to search for an old friend.

The 19-year-old is relying on social networking to get the word spread about the disappearance of Amber Kirwan who was last seen at Doolys in downtown New Glasgow around 1 a.m. Sunday.

She set up the Facebook page AMBER KIRWAN MISSING, which has more than 5,000 followers, and she says people are constantly messaging on the site.

"I started the page to make (Amber's disappearance) known around the county and maybe across Canada, but it has spread around the world," she said. "There have been people commenting from the United States, Ontario and Norway."

Chickness, who attends school at the Nova Scotia Community College in



► Amber Kirwan

Dartmouth, has been managing the page on regular basis.

"I am trying to make sure negative people don't post anything," she said. "A lot of people believe the rumours and some people are so blatant."

New Glasgow Police Const. Ken MacDonald said Kirwan's disappearance is being treated as a missing-person's case and if police were concerned about the public's safety, a bulletin would have been issued.

NEW GLASGOW NEWS

Pair take home Sobey Art Award

Daniel Young and Christian Giroux of Ontario have won this year's \$50,000 Sobey Art Award.

Prize organizers announced the joint winners Thursday night during a gala event at the Art Gallery of Nova Scotia in Halifax. Young and Giroux have been making art together since 2002 and have shown their work in several countries.

Through sculpture, public art and film installations, they explore the modernity of the mid-century, the production of space, and the built environment. Young and Giroux beat out four other finalists for the prize, which honours contemporary Canadian art.

The other finalists all receive \$5,000 in prize money from the Sobey Art Foundation.

THE CANADIAN PRESS

Police investigate arson

Police are investigating an arson in East Preston on Wednesday night.

Halifax RCMP say a Mercedes S55 was found engulfed in flames around 11:45 p.m. on Upper Patridge Road.

A large rock was also thrown a car window. There have been no arrests.

● METRO

Search leads to trafficking charge

A 28-year-old West Porters Lake man is facing drug trafficking charges after police conducted five searches on Tuesday.

All the searches took place in West Porters Lake and in total saw over 20 pounds of marijuana seized, along with steroids, cash and drug paraphernalia.

● METRO

Buckle up, or expect tickets

If you're driving, make sure you are buckled in.

Halifax police say its integrated traffic unit will be focusing on seatbelt enforcement throughout October.

Last month, the unit monitored school zones for speeding, along with crosswalk and parking violations. In total, 714 tickets were issued. ● METRO

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Municipalities could get LED break

► Proposed LED-streetlight-conversion deal before Utility and Review Board ► Reply likely Friday: MacLean



ALEX BOUTILIER
@METRONEWS.CA

The head of the Union of Nova Scotia Municipalities says he's getting bad vibes from the province on a proposed deal on converting to LED-certified streetlights.

Port Hawkesbury Mayor and UNSM President Billy Joe MacLean said Thursday the details of the proposed deal — reached by the UNSM, the Halifax Regional Municipality and Nova Scotia Power Inc. — were sent to the province over two weeks ago.

He expects a response from the province Friday.

"The short and the long of it (is) we've come up with



► Charlie Parker

a very, I think, good agreement between Halifax and (NSPI) and ourselves for all municipalities in Nova Scotia," said MacLean. He said the proposed deal wouldn't cost the province money.

"It's hard to believe that they wouldn't say yes ... but it sounds like a possibility."

He refused to divulge de-

tails about the agreement, but Energy Minister Charlie Parker said municipalities want to convert to LED-certified streetlights over 10 years rather than five.

"I understand it would be less expensive if it was over a longer period of time. So that's certainly of interest to the municipalities," Parker told reporters. "But we have to weigh all the factors, and hopefully we can come to a reasonable decision with them."

Provincial legislation requires Nova Scotia's municipalities to convert to LED streetlights — a move that will cost an estimated \$100 million, but will save them millions every year on energy costs.

Tall. Cans



► Larry O'Keefe with CBCL Limited creates a replica of the Clock Tower on Citadel Hill during the Construction competition for Feed Nova Scotia at the World Trade and Convention Centre on Thursday. O'Keefe and his team used over 1,500 cans to create the replica.

Contest helps stock food banks

Fight! Food banks battle to raise most grub

Time to see how much fight we Haligonians have.

The 48-hour Great Canadian Food Fight between Feed Nova Scotia and food banks in Victoria and Regina started on Thursday at 6 p.m. and goes until Saturday evening.

The bank that raises the most kilograms of food over two days wins this friendly competition. Regina won last year, raising over 170,000 kilograms more than second-place Feed Nova Scotia, which has set up shop at Exhibition Park to collect food and donations until 6 p.m. on Saturday. ● METRO

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Amount, in kilograms, raised by Feed Nova Scotia last year in the competition.

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Zinck fraud hearing delayed again

► Preliminary hearing now set for June 11 ► Politician faces multiple charges in the MLA expense scandal

The only sitting MLA charged as a result of the MLA expense scandal again has new dates for his preliminary hearing.

Trevor Zinck's representation, Lyle Howe, requested the preliminary hearing be put over until June on Thursday morning at Halifax provincial court.

The weeklong hearing was originally scheduled for February, but was pushed back until May last



► Trevor Zinck

week. Howe explained he was asking for another delay because the House of Assembly may still be sitting

in May. The hearing will now begin on June 11.

Zinck is charged with two counts of theft over \$5,000, fraud over \$5,000, and breach of public trust.

Former Liberal Dave Wilson pleaded guilty in the case last month and two other former politicians — former Conservative Richard Hurlburt and ex-Liberal Russell MacKinnon — also face charges.

— ALEX BOUTILIER

Husband of murdered professor on trial

A 48-year-old man accused of killing his wife made a brief appearance in Antigonish provincial court on Thursday.

Patrick Chareka of

Antigonish is charged with first-degree murder in the death last March of Ottilia Chareka, a professor at St. Francis Xavier University.

— THE CANADIAN PRESS

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- Haligonians love to travel to work in their own vehicles, polling shows
- Most who take the bus or ferry are satisfied with the service

BY THE NUMBERS

RICK EMBERLEY
HALIFAX@METRONWS.CA



Few things inflame public debate like a good dustup about our public

transit system.

Frequency of service, hours of operation and fares can bring out the animal in the most civil of us.

Well, recent polling I've conducted suggests barely 18 per cent of HRM residents use the service with

Methodology

► The poll saw 516 residents surveyed. It carries a margin of error of plus-or-minus 4.5 per cent.

any regularity. Yet 70 per cent rate their satisfaction with the service at seven or higher on a scale of one to 10.

Not only do a small number of us use the system, but the 89 per cent that don't have little intention of doing so in the near future.

Because travel to and from work represents our major need for transport, our survey explored this area in detail. Fifteen per

cent take the bus four to five times per week, four per cent carpool every day, 69 per cent drive cars, 10 per cent walk and there are a few cyclists among us.

Almost 80 per cent say they can't be persuaded to leave their cars at home, and 70 per cent of those people insist they need their cars for use as part of their job.

In an era when the cost of gasoline and operating our cars is soaring, why are we so reluctant to use alternate forms of transportation?

The most frequent response, by 80 per cent, was that we enjoy the trip to the office in our cars. It would take something dra-

matic to get us to change our ways.

Eleven per cent would have to lose their driver's licence in order to use public transit. Only a dramatic increase in the frequency of service — 24 per cent — would appear to have a positive impact on usage rates.

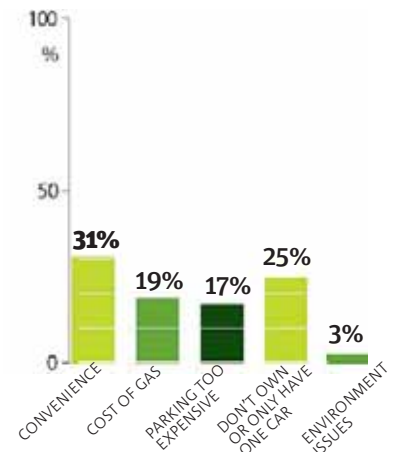
For almost 100 years our cities have been designed to accommodate the automobile, and now we are living with the consequences.

Rick Emberley is senior counsel with the polling firm MQO Research. He has conducted public-opinion research in the region for over 25 years.



► A ferry crosses Halifax harbour.

What is the main reason you use public transit to travel to and from work?



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Stranded ship worries Dexter

It's likely there for the winter, he fears Total bill could be \$24 million Environmental risks cited



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A bulk carrier stranded off Cape Breton Island will likely stay there for the winter, says Premier Darrell Dexter.

Dexter told reporters Thursday the window to remove the ship from Scaterie Island, where it ran aground en route to Turkey on Sept. 20, has pretty much closed.

"I'm advised, for safety reasons, that I don't think you could get a salvage



"We are the innocent victims here."

PREMIER DARRELL DEXTER

company to work on it over the (winter)," said Dexter, adding he hopes the federal government will take steps like environmental remediation while there's time.

"Getting out PCB-laden transformers, for example, or batteries ... (Those) are things ... you don't want to leave out in the harshest weather of the year."

Transport Canada and the coast guard have a different opinion. They said their obligations have been fulfilled — and there are no environmental or navigational risks.

Dexter said the feds have documents showing what materials remain on the ship, and those details should be released to the public.

News in brief

CONTRIBUTED



Seized pot plants

6,000 plants in pot potpourri

SNUFFED OUT. The RCMP say more than 6,000 marijuana plants were seized during the annual marijuana eradication campaign this summer.

RCMP and municipal police agencies found the plants in various locations across the province.

"Most of the plants were found in isolated areas, including Crown land and rural properties," Sgt. Dan McGillivray said in a release.

● METRO

Can you help in death case?

MYSTERY. The RCMP is seeking the public's help in solving a 30-year-old homicide.

The body of 80-year-old

Sadie Rogers was found inside her Amherst home on Oct. 2, 1981.

She was last seen by a neighbour about a week before the discovery.

THE CANADIAN PRESS

Man accused after drug raid

BUSTED. A 53-year-old Dartmouth man is facing charges of drug cultivation and drug trafficking after police searched a Dartmouth residence Wednesday night. Police say marijuana plants and cash were seized during the search on Gaston Road. ● METRO



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United in protest

► On Saturday, cities around the world will join the Occupy Wall Street movement
► Here's a snapshot of what's happening in Metro cities across Canada

Occupy Vancouver

at Vancouver Art Gallery
"The movement in its core is peaceful," said organizer Min Reyes. "It's not a protest; it's more of a gathering for people to talk and try and figure out how we can change our society."



Occupy Edmonton

at Churchill Square
In a statement, organizers say they are concerned about corporate interests' effect on political institutions and public policy, along with putting profits above the well-being of communities.



Occupy Winnipeg

at Manitoba legislature building
Organizers say the seven-hour walk through the city's banking district is a call to action against corporate greed, corporate control and Third



World living conditions in northern communities.

Occupy Montreal

at Square Victoria
"We will not be moved. We will not leave. We are the 99 per cent," reads the group's website. It advises bringing tents and warm clothes.



Occupy Calgary

at Bankers Hall
Organizers have set up a "safe camp" on St. Patrick's Island, which, as of mid-week, had 50 residents and was continuing to grow. Police plan to bring in more officers if necessary, expressing concern anarchists could infiltrate the rally.



Occupy Toronto

at Financial District
Organizers have been haunted by last year's crackdown on G20 protests. In a petition to Toronto Chief Bill Blair, signatories called on police to respect the rights of demonstrators. "The goal is public safety and facilitation of peaceful protest," responded police spokesman Mark Pugh.



Occupy Ottawa

at Confederation Park
"We're hoping that there will be between 500 to 1,000 out and we can actually engage them in the demand-making process. It is very difficult to align everybody's (points of view)," said Kevin Donaghy, one of the lead organizers, who said he himself will be advocating for greater protection of First Nations lands



● METRO CANADA/WITH FILES
FROM THE CANADIAN PRESS
PHOTOS: METRO CANADA/
TORSTAR NEWS SERVICE/GOOGLE EARTH

Web can't beat word of mouth for Occupy movement

**LILLO MONTALTO
MONELLA**
HALIFAX@METRONWS.CA
METRO WORLD NEWS

Forget Twitter. The best way to organize a protest in 826 cities around the world is good, old-fashioned word of mouth.

Facebook and Twitter appear to be outlets for anti-establishment ranting rather than almighty mass-mobilizing tools. In fact, despite the movement's

rallying cry that claims "We are the 99 per cent," figures on social-media networks reveal a bleaker reality.

According to Twitter trends aggregators twopular.com and Twitter-Counter.com, #event15october and #globalchange don't feature in the Top 60 global trends of the week.

Meanwhile, the official Facebook page for 15october reveals that there are more people who didn't

► A protester rests at a makeshift tent camp in Rome Thursday, in preparation for Saturday's demonstration against the Italian government's austerity package.



click on the "attendance" button (338,000) than the would-be demonstrators (some 50,000).

The reason for the lack of social-media activity is clear, said social-media analyst Andrew Girdwood.

"For these kinds of protests like the Occupy Wall Street movement, there's one co-ordination that needs to be done, but it is ultimately up to people to tell their friends to go," he said.

In fact, according to Girdwood, "people living in areas of the world with advanced traditional media coverage will just need to switch on the television to check if something is happening nearby, and eventually head to the demonstration."

The global hot spots are those countries, like Italy and Spain, hard hit by the financial crisis and subsequent European Union debt woes.

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Suspected gunman escalates dispute

► Unidentified man stops by Air Canada executive's home with what appeared to be a handgun ► Labour Minister Lisa Raitt closes office after receiving threats

The labour dispute between Air Canada and its flight attendants has taken a menacing turn after a suspected gunman made a late-night appearance near an airline executive's home and the federal labour minister closed her office after receiving threats.

Police are investigating after a man showed up near Air Canada executive Duncan Dee's Ottawa home Wednesday evening with what appeared to be a handgun.

A police spokesman says the man drove up to a private security guard outside Dee's house and showed him what looked like a gun before driving away.

"We responded to a call in that area at around 11:20 last night when a private security guard saw a suspicious male in the area," Const. Marc Soucy told The Canadian Press.

Soucy added that "Nothing was ever said that he was going to kill anybody or do harm to anyone."

Dee is the airline's executive vice president and chief operating officer.

He has been Air Canada's main spokesman during the airline's contract dispute with the union representing its 6,800 flight attendants.

Air Canada was not immediately available for comment.

THE CANADIAN PRESS

Deadly threats

► On Thursday, threats prompted Labour Minister Lisa Raitt to close her constituency office in Milton, Ont., just outside Toronto.

► A note taped to the door did not specify the nature of the threats.

► "Please be advised that due to threats and charges of both a direct and an indirect nature, our office is closed for reasons relating to both personal and public safety concerns," the note said.

For more coverage on the labour dispute, see page 14

Marathon. Runner



Centenarian keeps on going

One-hundred-year-old Singh, originally from Jalendhar, India but who now lives in London, England, has set world records at several distances ranging from 100 metres to 1,500 metres. He'll be running in Toronto's Waterfront Marathon on Sunday.

Docs want students CPR trained

Emergency medicine doctors are calling for a national strategy to help boost the

survival rate of Canadians who suffer a cardiac arrest outside hospital, including

mandatory CPR training for all high school students.

THE CANADIAN PRESS

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FPS games dumb the brain: Study

► Shooter images change our view of violence: Experts

KARIN WATSON
OTTAWA@METRONWS.CA
METRO WORLD NEWS

Your mother warned you: Rough-and-tough video games may make you laugh off violence in real life.

Now new scientific research into first-person shooter games confirms that they do change how we regard gruesome acts of violence.

Psychologists and neurologists in a University of Bonn study discovered that brain-activity patterns in heavy gamers radically differ from those of non-gamers.

The German researchers analyzed the effect on the

15

Those gamers chosen for the study played first-person shooter games for 15 hours a week on average, while the control group had no experience of violent video games.

brain of images from first-person shooter games — in which the player experiences the action through the eyes of the shooter.

The experts scanned the brain activity of gamers and non-gamers while showing harrowing and gruesome shots of accident

and disaster victims.

Both groups responded with similarly strong emotions, but the frontal lobes that control fear or aggression were less activated in gamers.

"Both groups reacted strongly to the photos," says Dr. Christian Montag, lead author of the study.

"But while the control group down-regulates their feelings, the gamers do not need to down-regulate because their initial response was not as high.

Montag added: "(First-person-shooter players) do not respond as strongly to the real, negative-image material because they are used to it from their daily computer activities."

Protest. A stomach upset



► Pregnant women let their tummies do the talking as they join a protest rally outside a public hospital in Manila, Philippines on Thursday.

AARON FAVILA/THE ASSOCIATED PRESS

Fat Britain must trim 5 billion calories

British health officials say the country's obesity epidemic has an easy fix: people should just eat less.

The department of health said Thursday most adults in the nation of 60 million people are eating about 10 per cent more calories than necessary.

To stop the bulging waistlines, officials said, the country needs to collectively trim five billion calories from its daily diet.

But in a slightly confusing twist, the government also issued new calorie recommendations that are about 100 calories higher than the last figures in 1991.

Men are now allowed to eat about 2,605 calories of food every day while for women, it's 2,079.

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News in brief

Pilot error
blamed for
deadly plane
crash in Russia

RUSSIA. A pilot helping to investigate a Russian jet crash that killed 44 people last month said Thursday that a simulation pointed to pilot error as the cause.

The Yak-42 jet crashed into the banks of the Volga River on Sept. 7 moments after takeoff from the city of Yaroslavl in western Russia, wiping out the Lokomotiv Yaroslavl professional hockey team, which included several former NHL players.

Test pilot Vasily Sevastyanov told state-run Channel One television that the plane went into a spin because a pi-

lot pulled it up too sharply following an abnormally slow run.

Officials have not yet announced the reason for the crash, but have said that all the plane's systems were functioning normally until impact.

Russian media reports said the investigators believe that one of the pilots accidentally activated the wheel brakes during takeoff, while another pilot pulled the plane up to a critical angle in a desperate attempt to get it into the air.

The sharp manoeuvre caused the jet to crash immediately after takeoff.

The only person who survived the crash, flight engineer Alexander Sizov, told Channel One from his hospital bed that he couldn't say whether the plane's brake was activated during takeoff.

THE ASSOCIATED PRESS

Salon owner well liked in Seal Beach

► Loyal customers, neighbours mourn those killed in shooting that claimed eight ► Wife of owner survived

If there is a Southern California way of life, Randy Fannin seemed to have found it. The salon owner lived along the back nine of a desert golf course and his prosperous business is located just blocks from the beach and boasts a loyal clientele that had followed him from salon to salon. A golf cart and Jet Skis were stored in his garage, and he had a swimming pool in his backyard.

Fannin was among the two men and six women men killed Wednesday in a shooting rampage at his Salon Meritage in Seal Beach. Their identities



► Jameel Assad pauses at a memorial outside the Salon Meritage in Seal Beach, Calif.

were not officially released, but Fannin's niece, Tami Scarcella, told the Los Angeles Times her un-

cle was among the dead.

Fannin and wife Sandy, a stylist at the salon, were married at least 20 years

Survived

Fannin's wife survived the attack

► Hiding. Sandy Fannin survived the attack because she was in the back of the shop, said Ron Sesler, who owns a steakhouse next to the salon where many customers and stylists sought refuge during the attack.

"He liked to play basketball with his grandson," said friend and neighbour Pandora Gage, who has known the Fannins since 2005. "He liked to golf. He was a really, really nice guy. They were a wonderful couple."

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Salvage of stricken ship resumes in New Zealand

► Good weather gives hope to crews looking to remove oil ► The Rena ran aground Oct. 5 on Astrolabe Reef ► Cause of crash still being determined

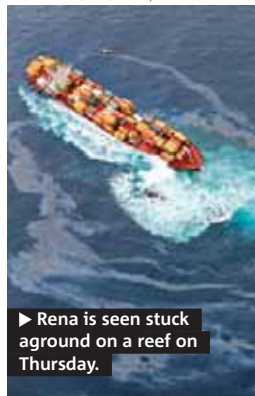
The calmest weather in days gave salvage crews hope they would be able on Friday to resume pumping the remaining fuel from a cargo ship stuck on a New Zealand reef.

The ship Rena has already spilled hundreds of tons of oil, and crews are in a race against nature to try and remove the remaining fuel before waves break up the vessel, which has begun to crack apart and is leaning on a 22-degree tilt.

Last week crews removed about nine metric tons of oil before the weather forced them to postpone salvage attempts.

Environmentalists have warned of a disaster for wildlife if all the ship's

NATACHA PISARENKO/THE ASSOCIATED PRESS



► Rena is seen stuck aground on a reef on Thursday.

1,700 tonnes of oil and 200 tonnes of diesel is allowed to spill into the ocean.

Nick Bohm, a spokesman for Maritime New Zealand, which is

managing the emergency response, told The Associated Press Friday that crews are "relatively positive" they can proceed with plans to board the vessel and begin pumping oil to a nearby barge. He said pumping should begin Friday afternoon in an operation that could last several days.

Bohm said there are stronger winds forecast for the weekend, which may hamper the operation.

Heavy seas had kept salvage crews away from the 236-metre Rena for days, but better weather Thursday allowed crews to board the vessel for about six hours to check systems.

THE ASSOCIATED PRESS

Charges laid

- The ship's 44-year-old Filipino captain was charged Wednesday with operating a vessel in a manner causing unnecessary danger or risk and was released on bail Wednesday at Tauranga District Court.
- The ship's second officer appeared in the same court Thursday on the same charge.
- If convicted, each could face a fine of up to 10,000 New Zealand dollars (\$7,800) and 12 months in prison.
- Their next court appearance is Oct. 19, when authorities say more charges are likely.



Second polar bear cub dies at Toronto Zoo

Officials at the Toronto Zoo say a second polar bear cub has died of injuries inflicted by its mother.

A 10-year-old polar bear named Aurora prematurely gave birth to three cubs — two males and a female — on Tuesday night and zoo staff stepped in when she rejected them.

The uninjured male cub remains in the zoo's inten-

sive care unit under round-the-clock care and staff say it's hoped he will get stronger.

Polar bears typically give birth in late November and in December and the zoo says this birth is likely the earliest recorded birth of polar bears in captivity.

Female polar bears den at the start of winter and nurse their newborns for

► A staff member feeds a newborn male polar bear cub at the Toronto Zoo on Tuesday in this handout photo.



KEN ARDILL, TORONTO ZOO/THE CANADIAN PRESS HO

several months before emerging with their surviving cubs in the spring.

Aurora is still on exhibit in the Tundra Trek at the zoo with her twin sister Nikita and a male bear named Inukshuk.

THE CANADIAN PRESS



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► People try to empty a container that unloaded debris after it was washed up on Mount Maunganui beach Thursday morning from the Liberian-flagged container ship *Rena*, which is stuck aground on a reef off the coast of Tauranga, New Zealand.



Oregon surfer says he stood on shark

Doug Niblack was trying to catch another wave before going to work, when his longboard hit something hard as rock off the Oregon Coast and he suddenly found himself standing on the back of a thrashing great white shark.

Looking down, he could see a dorsal fin in front of his feet as he stood on what he described as three metres of back as wide as his surfboard and as black

as his own Neoprene wetsuit. A tail thrashed back and forth and the water churned around him as if a depth charge had gone off.

"It was pretty terrifying just seeing the shape emerge out of nothing and just being under me," he told The Associated Press on Wednesday. "And the fin coming out of the water. It was just like the movies."

THE ASSOCIATED PRESS

Close encounters

DON RYAN/THE ASSOCIATED PRESS



► Surfer Doug Niblack

► Niblack's experience was rare, though not unprecedented, according to Ralph Collier, president of the Shark Research Committee in Canoga Park, Calif. He said he spoke to a woman who was kayaking off Catalina Island, Calif., in 2008 when a shark slammed her kayak from underneath and sent her flying into the air. She then landed on its back, he said.



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FOOTLOOSE! KICK OFF THE SUNDAY SHOES!

THE METRO LIST

NEIL MORTON
METRO



1 Footloose remake: Starting Friday, you gotta cut loose, footloose, kick off the Sunday shoes, because the remake of 1984's music drama Footloose

is out. It's about a big-city kid who moves to a small town where rock music and dancing have been banned. So ... please, Louise, pull me off of my knees! Jack, get Mack, come on before we crack! Lose your blues, everybody cut footloose!

2 Save a high school: PCVS, a historic downtown high school in Peterborough, Ont., founded in 1827 that counts Lester B. Pearson, Sean Cullen, Serena Ryder and Jim Balsillie as alumni, is fighting through public protests, petitions and YouTube videos to keep its school alive after the local school board recommended that it close. Shutting down an inner-city arts school with culture and heritage will have a significant impact on the economy and fabric of a downtown in a small city. Forget Footloose, this is real-life drama.

3 Winnipeg Jets: Yes, the Jets are flying again after a 15-year hiatus, with a star-studded home opener against Montreal Sunday night that included our PM, George Stroumboulopoulos, and Jim Cuddy and Chantal Kreviazuk singing the national anthem. The Jets might have lost the game, but they won the nation over and their home crowd of 15,000, which gave them a thunderous ovation at game's end. Welcome back.

4 Ping pong hip: SPiN Toronto, a new 12,000-square-foot basement ping-pong bar in downtown T.O., had its grand opening this week. It's trying to mimic the success of one of the same name (which it's part of) in Manhattan, part owned by Susan Sarandon. SPiN is a place to drink, play ping-pong and socialize. Just watch: The next big fad will be pool tables in every basement in the world. Next to a beer fridge.

5 Ron MacLean's Cornered: The hockey broadcaster icon's new memoir, Cornered, went on sale this week, and offers inside accounts from his early days as a part-time radio announcer and weather forecaster in Red Deer, Alta., to his time hosting Hockey Night in Canada. Sounds promising, but they should have just called it Coach's Corner and let Don Cherry write the prologue and epilogue.

6 Rosie's new crush: Rose O'Donnell is back — four years after leaving The View and a decade since ending her successful daytime talk show — with The Rosie Show, which debuted this week on the Oprah Winfrey Network. Thankfully, it appears she's not resuscitating her infatuation with Tom Cruise. That's so '90s. Apparently her new boy crush is Russell Brand. That's more 2011.

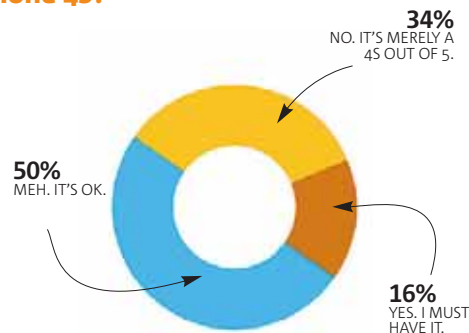
7 Lee Harvey Oswald's lover: Judyth Vary Baker is making a rare public appearance next week in Toronto to mark what would be Oswald's 72nd birthday. Baker, author of *Me & Lee: How I Came to Know, Love and Lose Lee Harvey Oswald*, has been trying to clear Oswald's name. Her take: Lee was an undercover agent who had penetrated a ring determined to murder president Kennedy and was actually trying to prevent it but instead got framed. So, JFK conspiracy buffs, there you go.

Follow Neil Morton on Twitter (@neilmorton).



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Were you impressed with the new iPhone 4S?



Worth Mentioning

She's a 40-year-old mother of eight, with a ninth child due soon. The family homestead in a Burundi village is too small to provide enough food, and three of the children have quit school for lack of money.

"I regret to have made all those children," says Godelive Ndageramiwe.

At Ahmed Kasadha's prosperous farm in eastern Uganda, it's a different story.

"My father had 25 children — I have only 14 so far, and expect to produce more in the future," says Kasadha, who has two wives. He considers a large family a sign of success.

By the time Ndageramiwe's ninth child arrives, and any further members of the Kasadha clan, the world's population will have passed a momentous milestone. As of Oct. 31, according to the UN Population Fund, there will be seven billion people on Earth.

Experts say most of Africa — and other high-growth developing nations such as Afghanistan and Pakistan — will be hard-pressed to furnish enough food, water and jobs for their people.

THE ASSOCIATED PRESS

Germany. Largest Book Fair



Photo of the day

WEIRD NEWS

Seattle superhero appears in court

A self-proclaimed superhero wore a charcoal-coloured mask Thursday as he entered a Seattle courtroom where prosecutors said they hadn't yet decided whether to file charges against him.

Phoenix Jones, whose real name is Benjamin John Francis Fodor, was arrested early Sunday after police say he pepper-sprayed four people who had left a nightclub. Fodor said he

was trying to break up a fight when he was attacked. The club-goers insisted to police they hadn't been fighting.

During the hearing, a court officer asked Jones to remove his mask and he complied. He also wore a superhero uniform under a button-down shirt.

"I decided to make a difference and stop crime in my neighbourhood," Fodor said.

THE ASSOCIATED PRESS



Ben Fodor, a.k.a. Phoenix Jones

Local tweets



@C_Zylstra:

The smell at pier 21 in halifax is so grrrrrrr I was literally gagging breathing in the air. #nearlythrewup

@JQuinnMcCarthy: Apparently there will be an Occupy Halifax this weekend. What do our unemployed hippies have to do through the week that's so important?

@Allisomething: Dear sky, I know it's Halifax, but wait until after @NocturneHalifax pretty please? xo! -Alli "I love my art dry"

something
@tkwcmatt: Halifax has 5 universities, it's bird is the gold kingfisher, these kids just arrived and the pavilion is the place to be tonight #halifacs

@CherylLStewart: Its like old home week at the Dartmouth consultation on the potential for a @HalifaxStadium! Great crowd-engagement. #halifax

@kathleenemily88: Heading to see RENT at Spatz because I am in desperate need of theatre. Let's see if this troupe can pull it off! #Halifax #theatre #hopeful



► Air Canada flight attendants and their supporters protest outside Federal Labour Minister Lisa Raitt's constituency office in Milton, Ont., on Thursday.

Union actions unfair: Air Canada

► Labour unions accuse Harper government of 'trampling' workers' rights

Air Canada demanded compensation Thursday from the union representing its 6,800 flight attendants, accusing it of bargaining in bad faith.

The airline, which did not specify how much it was seeking, said the Canadian Union of Public Employees did not do enough to encourage the ratifica-

tion of two tentative deals that were negotiated but later rejected.

In the unfair labour practice complaint to the Canada Industrial Relations Board, Air Canada accused the union of increasing its demands during its latest round of bargaining and misrepresenting what its members would accept.

"CUPE made these representations to Air Canada without having conducted any formal surveys of its membership," the airline said.

Jeff Taylor, president of the Air Canada component at CUPE, said he believed the deal reached with the airline, under the threat of back-to-work legislation,

was the best one possible.

"We had a great deal, but under the circumstances we were bargaining under, with the legislation hanging over our heads, realistically here we are," Taylor said. "My members clearly said it still wasn't enough and they have the right to do that and I respect them for that." **THE CANADIAN PRESS**

Buffett to show taxes?

Warren Buffett is bringing his fight to raise taxes on the super-wealthy to Congress' deficit-reduction supercommittee.

In an exchange of letters between the billionaire investor and a Republican congressman that Buffett sent the committee this week, Buffett is offering to release his federal tax returns — with a condition.

"If you could get other ultra-rich Americans to publish their returns along with mine, that would be very useful to the tax dialogue and intelligent reform," Buffett wrote.

The letters were among

several sent in recent days to the special bipartisan panel created this summer to find ways to reduce the mushrooming national debt by at least \$1.2 trillion over the coming decade.

The same law that produced the supercommittee gave Congress' regular committees until Friday to submit suggestions for erasing red ink. Some have indicated that rather than offering dramatic new ideas for savings, many lawmakers are championing longtime favourite proposals and urging the panel to avoid cutting certain programs.

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Google gliding by recession

Worries over another global recession haven't shaken Google. The online search and advertising leader's third-quarter earnings, released Thursday, are the latest reminder of how it has

used its position as the Internet's dominant gateway to build a business that endures economic turbulence. Investors showed approval as Google's stock price surged six per cent. The stock climbed \$33.37 to \$592.36 in extended trading. **THE ASSOCIATED PRESS**

News in brief

York MBA at No. 9 on list

EDUCATION. Toronto's Schulich School of Business is the top-ranked Canadian institution in an international ranking of MBA programs compiled by The Economist.

The York University school was No. 9 in the British magazine's annual ranking, putting it ahead of five other Canadian schools that offer

university-level business degrees. **THE CANADIAN PRESS**

New oilfields for North Sea

INVESTMENT. Four oil companies say they have won British government approval for a \$7.1-billion US investment in developing a major oilfield in the North Sea. BP, Shell, ConocoPhillips and Chevron are partners in the plan to install two new bridge-linked platforms in the Clair field, west of the Shetland Islands.

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RIM backs its delay

BlackBerry services returned to normal Thursday after four days of global outages, but the maker of the smartphone faces a new set of challenges as it tries to clean up a public-relations headache.

Research In Motion's two co-CEOs — Mike Lazaridis and Jim Balsillie — emerged from more than three days of silence to answer questions and apologize again about the biggest outage in the Canadian company's history.

RIM offered only a few updates while a growing number of BlackBerry users turned to their Facebook and Twitter accounts to express their frustrations.

The company has about 70 million BlackBerry subscribers worldwide, and while the technical glitches did not affect everyone, discontent spread fast.

RIM has now stepped into territory, commonly known as crisis management. Balsillie defended RIM's decision to wait until



► A camera woman films the offices of RIM, the makers of BlackBerry, in Slough, England, on Wednesday.

the problems were nearly fixed before coming out publicly in a bigger way. He said they will now address BlackBerry users.

That attitude may have worked in the past, but

with the rise of social media, the urgency of major companies to address customers' concerns has reached a new level, say some observers.

THE ASSOCIATED PRESS

Ongoing dispute

- The union cancelled the strike Wednesday after dispute was referred to the CIRB, effectively quashing the job action.
- More than 100 flight attendants continued to protest at Montreal's airport Thursday.
- Workers are angry about the airline's plans for a discount carrier that would require lower wages for new hires and the company's position on pensions and other work issues.

Market moment

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MATT DUNHAM/THE ASSOCIATED PRESS

Bauer Sports still packs punch

► Demand for company's sports gear grows by double digits ► Economic slump has no effect on bottom line

Bauer Performance Sports Ltd.'s shot at international growth will not be deflected by a renewed economic slowdown, as demand for its hockey equipment grows by double digits, its chief executive said Thursday.

Kevin Davis said his company, which went public in March, has continued to grow market share, revenue and profits since the 2008-2009 recession.

That's because kids in all corners of the world continue to play the sport he admits is expensive, despite the hit it takes on parents' pocket books.

"There's still lots of kids out there playing hockey,"

he said in an interview after the company's annual general meeting in Toronto. "I'm not at all suggesting that either the sport, or our company is recession-resistant," he said, but added that Bauer's growth has outpaced that of many other retailers.

In its most recent quarter, Bauer's revenue shot up by 29 per cent to \$142.4 million US and orders booked for the just started hockey season are up 32 per cent.

Davis doesn't expect another economic slump in the U.S. or Europe to affect demand for Bauer's skates, hockey sticks, helmets and other equipment either.

In fact, he sees Eastern

Europe, the U.S. and Russia as Bauer's biggest market opportunities.

"Sure there are (macro-economic) pressures there in Europe, but kids are playing hockey," he said, suggesting the same is true in the U.S. Bauer shares rose nearly 10 per cent a day after it announced its first-quarter profit rose 40 per cent from a year earlier to \$22.6 million US. Its shares added 55 cents to close at \$6.40 apiece on the Toronto Stock Exchange.

Bauer is best known for its sticks and skates, but Bauer makes a full range of gear from pads to helmets to pants.

THE CANADIAN PRESS

Hong Kong. Streets



PKIN CHEUNG/THE CANADIAN PRESS

► Elderly protesters hold a picture of Hong Kong Chief Executive Donald Tsang with the word "devil" as they demand better welfare from the Hong Kong government outside the new Legislative Council building

Hong Kong to offer cheap housing

Hong Kong will resume a program to sell thousands of affordable apartments a year, the city's leader said Wednesday as he unveiled a key measure in his annual policy speech aimed at cooling public anger over the city's widening rich-poor gap.

China drives loonie down

The Canadian dollar closed lower Thursday as soft data from China lowered

prices for oil and metals.

The loonie was down 0.23 of a cent to 98.07 cents

US, but well off early lows of 97.39 cents US.

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Safeway's profits increase

Safeway Inc. says it's coming up with new answers as it finds itself facing economic challenges.

The company did not increase its sales volume in its most recent quarter and saw fewer shoppers in its stores.

But it managed to in-

crease its fiscal third-quarter profit as it increased its sales of private-label products and relied more on gasoline sales to drive its revenue. It also has also put a heavy emphasis on reducing product loss, due to breakage, theft or other means, to control costs and improve profitability.

Revenue climbed 7 per cent to \$10.06 billion, largely on increased fuel sales and improved sales at established stores.

THE ASSOCIATED PRESS

Sobeys does splits

The Sobeys grocery chain is breaking up executive responsibility for various parts of its business in a move to improve efficiency in an increasingly competitive food industry.

"We have made these changes as a confident, proactive accelerant of our strategy to optimize our performance in an increasingly competitive environment," said Bill McEwan, president and CEO, Sobeys Inc. THE CANADIAN PRESS

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Record sentence for insider trading

► Among the companies man profited from were Google, IBM, Hilton Hotels ► Wiretaps helped police break case

A former billionaire described by the U.S. government as "the modern face of illegal insider trading" was sentenced Thursday to 11 years in prison, the longest insider-trading sentence ever but far short of the two decades sought by prosecutors.

Galleon Group founder Raj Rajaratnam also was fined \$10 million US and ordered to forfeit \$53.8 million by District Judge Richard J. Holwell, who said he concluded that Rajaratnam made well over \$50 million in profits from his illegal trades.

"His crimes and the scope of his crimes reflect a virus in our business culture that needs to be eradicated," Holwell said. "When the integrity of the marketplace is called into question, the public suffers."

The sentence eclipsed by one year the prison term given to one of Rajaratnam's co-defendants just weeks ago.

The Sri Lanka-born Rajaratnam, 54, was ordered to report to a yet-to-be-designated prison on Nov. 28. His lawyers asked that he be allowed to report to the medical facility at the Butner Federal Correctional Complex in North Carolina, where Bernard Madoff is serving his 150-year sentence after admitting to a multi-decade pyramid scheme that cheated thousands of people out of billions of dollars.

The judge gave Rajaratnam leniency, citing his need for a kidney transplant and his diabetes.

He also cited Rajaratnam's charitable work to help victims of the earth-



► Raj Rajaratnam, founder of Galleon Group LLC, arrives at court for sentencing Thursday in New York.

quake in Pakistan and Sept. 11, among others.

The sentencing culminates a series of convictions and sentencings that followed the October 2009 announcement of Rajaratnam's arrest. More than

two dozen people were arrested; all were convicted. The other defendants got sentences ranging from a

few months to 10 years. The probe touched off a related investigation of those on Wall Street who corrupt the research purpose of networking firms by letting unscrupulous public company employees spill secrets to hedge fund managers.

THE ASSOCIATED PRESS

Big bucks

- Assistant U.S. Attorney Reed Brodsky said Rajaratnam made up to \$75 million in illegal profits from insider trading since at least the late 1990s.
- The U.S. government has said he switched so much money around within his multibillion-dollar funds that the movement of price in individual stocks could be traced to his trading whims.

Canada's trade deficit widens in August

Canada's merchandise trade deficit widened in August as import growth outpaced exports in response to softening U.S. demand and a strong loonie, but analysts saw a positive side to Thursday's report from Statistics Canada.

The raw numbers were mildly negative and in line with expectations following a big exports surge in July.

Merchandise imports grew 0.7 per cent, while exports rose 0.5 per cent, taking Canada's trade deficit to \$622 million in August from a downwardly revised \$539 million in July.

In volume terms, when

currency fluctuations are factored out, exports declined 1.1 per cent, the agency said.

But the most important development, said economist Peter Hall of Export Development Canada, was the agency's revision of export growth in July to 4.6 per cent, from 4.1.

That takes the sting out of much of August's retrenchment, Hall explained.

Hall predicted that boost in exports could boost gross domestic product output in the third quarter by as much as 2.5 per cent.

THE CANADIAN PRESS

News in brief

China export growth slows

China's export growth fell in September in a sign of the West's malaise and a setback for hopes Chinese demand

will help prop up a shaky global economy.

Export growth fell to 17.1 per cent over a year earlier, down from August's 24.5 per cent, customs data showed Thursday.

Import growth also fell, while China's politically sensitive trade surplus narrowed to \$14.5 billion US.

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2

scene

Scene in brief



A Michigan woman is suing the distributor of the Ryan Gosling film *Drive* because the film wasn't what she expected based on its marketing. Sarah Deming is suing the film's distributor, FilmDistrict, and Imagine Novi Theater because the movie "bore very little similarity to a chase, or race action film." **METRO**



Harry's legacy: Potter studio near London to open to public

Synopsis

Ren (Kenny Wormald) is a big city kid forced by circumstance to move to the small town of Bomont, Ga., where dancing is outlawed. Ren, a former gymnast and dancing fool, challenges the law, butts heads with the local preacher (Dennis Quaid) and falls in love with the minister's daughter Ariel (Julianne Hough). Will the town lift the ban? Will the love birds ever get to break dance in public?

Ratings:

Richard: ●●●●

Mark: ●●●

Reel Guys

RICHARD CROUSE & MARK BRESLIN

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► Kenny Wormald, left, and Miles Teller star in *Footloose*.

Country-fried fun

► *Footloose* redux grittier than expected, with stars Kenny Wormald and Julianne Hough shining on the dance floor ► But in the end, it's still full of cheese

Richard: Mark, *Footloose* is grittier than you would imagine a movie starring Ryan Seacrest's girlfriend to be. The slickness normally associated with contemporary teen fare is mostly missing here, replaced with the steamy Southern feel that permeates director Craig Brewer's other films.

Mark: Yes, Richard, the best thing about the movie is its authentic country-fried details. It doesn't condescend to its blue collar characters and that's to its credit. I thought the original was dated way back in the '80s. Now, in an Internet world,

the town that banned dancing would have been ridiculed all over America and the American Civil Liberties Union would have filed suit immediately. And why did the town ban teen dancing when the real problem was teen drinking?

RC: Because then the movie would have to have been called *Intervention*, and that's a whole different story! Rebooting a well-loved classic is a tricky business. There are slight changes. Ren is now from Boston instead of Chicago, the tractor game of chicken from the original is now a

bus race and the dancing has been updated but the upbeat rebellious core (and most of the songs) of the '84 movie is intact.

MB: Speaking of dancing, I wish there had been more of it. The first dance scene in the parking lot had nice energy, Kenny Wormald's solo when he dances off his anger in the warehouse was riveting, but then it takes a long time to get to the big finale, which I thought was a dud. The movie should have gone craaaaaaazzzzzy at that point, but everyone, including the choreographer, was on their best

behaviour. And what did you think of the acting?

RC: I thought Wormald and Hough shone the brightest when they are in motion on the dance floor — which isn't often enough — but Miles Teller as Willard (played by Chris Penn in the original), Ren's dance-challenged best friend steals the show.

MB: You could not be more right. Teller has the looks and presence of a young John Cusack. But in the end, it's still a cheesy flick, even if this remake takes it from mild to medium cheddar.

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The Big Year

Genre: Comedy

Director: David Frankel

Stars: Jack Black, Steve Martin, Owen Wilson

🌐🌐🌐½

Take ambition, intrigue, passion, backstabbing, dastardly deeds and greed on a massive scale, add laughs, set

it in the world of competitive bird watching and you have The Big Year.

Audience faves Black, Martin and Wilson embark on the yearlong competition to score the most species sightings, in a strangely fascinating, insightful and

funny road trip and gets added credit for having the guts regarding the whole bird watching thing. Frankel brings Marley-and-Me heart and The-Devil-Wears-Prada sass to this unexpected gem, based on Mark Obmascik's book.

● ANNE BRODIE



The Thing

Genre: Horror

Director: Matthijs van Heijningen Jr.

Stars: Mary Elizabeth Winstead, Joel Edgerton

🌐🌐🌐

Classic sci-fi thriller The Thing gets its first

makeover in nearly 30 years in this updated prequel about a replicating alien killing off stranded scientists in remote Antarctica. While the film delivers serviceable respect to John Carpenter's 1982 version with exem-

plary use of scenery, effects and a strong lead in Mary Elizabeth Winstead (Final Destination 3), the outcome is relatively predictable and the plot points somewhat transparent.

● STEVE GOW

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Capitale 



THESE PAGES COVER MOVIE START TIMES FROM FRI., OCT. 14 TO THURS., OCT. 20. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

HALIFAX

BAYERS LAKE

190 Chain Lake Dr., Bayers Lake
902-876-4800

50/50 (14) Dolby Stereo Fri-Thu 1:40-4:05-7:40-10:10
The Big Year (PG) Dolby Stereo, Stadium Seating Fri-Thu 1:10-3:35-7:10-9:35
Contagion (STC) Dolby Stereo Fri-Thu 1:30-4:7-30-9:55
Courageous (PG) Fri-Wed 12:35-3:30-6:40-9:30 Dolby Stereo Thu 12:35-3:30-6:40-9:30
Dolphin Tale (G) Dolby Stereo Fri-Thu 12:40
Dolphin Tale 3D (G) Dolby Stereo Fri-Thu 3:20-6:35-9:10
Dream House (STC) Dolby Stereo Fri-Thu 10:10
Drive (STC) Dolby Stereo Fri-Thu 1:45-4:10-7:45-10:05
Footloose (PG) Dolby Stereo Fri-Thu 12:50-3:30-6:55-9:30
The Help (PG) Dolby Stereo Fri-Thu 12:20-3:25-6:30-9:35
The Ides of March (STC) Dolby Stereo Fri-Tue 1:3-25-7-9-20 Dolby Stereo Wed 12:55-3:05-9:05 Dolby Stereo, Stadium Seating Tue-Thu 12:55-3:05-6:55-9:05
The Maiden Danced to Death (STC) Dolby Stereo Fri-Thu 1:25-3:55-7:25-9:50
Moneyball (PG) Dolby Stereo, Stadium Seating Fri-Thu 1:05-4:7-10:5-10
Peter Gabriel: New Blood Orchestra in 3D (STC) Stadium Seating Mon 7
Real Steel (PG) Dolby Stereo, Stadium Seating, No Passes Fri-Sun 1:15-4:05-7:15-10:05 Dolby Stereo, Stadium Seating Mon-Thu 1:15-4:05-7:15-10:05
The Thing (18) Dolby Stereo Fri-Thu 1:50-4:20-7:55-10:20
What's Your Number? (STC) Dolby Stereo Fri-Thu 1:20-3:50-7:20-9:45

IMAX

190 Chain Lake Dr., Bayers Lake

902-876-4800

Real Steel: The IMAX Experience (PG)
No Passes Fri-Sun 12:45-3:35-6:45-9:35 Mon-Thu 12:45-3:35-6:45-9:35

OXFORD THEATRE

6408 Quinpool Rd.
902-423-7488

Senna (STC) Fri 7-9:15 Sat-Sun 4:30-7-9:15 Mon 7-9:15 Tue 4-7-9:30 Wed-Thu 7-9:15

PARK LANE

5657 Spring Garden Rd.
902-423-4860

50/50 (14) Stadium Seating Fri 1:35-4:15-7:20-9:40-11:59 Stadium Seating Sat 7:20-9:40-11:59 Stadium Seating Sun 1:35-4:15-7:20-9:40 Stadium Seating Mon-Wed 3:55-7:20-9:40 Stadium Seating Thu 3:55-9:40

The Big Year (PG) Stadium Seating Fri-Sun 1:25-4-6:40-9 Stadium Seating Mon-Thu 4-6:40-9

A Drummer's Dream (STC) Thu 7

Footloose (PG) Stadium Seating Fri-Sat 1:3-35-6:30-9:10-11:45 Stadium Seating Sun 1:3-35-6:30-9:10 Stadium Seating Mon-Thu 3:35-6:30-9:10

The Guard (STC) Stadium Seating Fri 1:05-3:30-6:35 Stadium Seating Sat 6:35 Stadium Seating Sun 1:05-3:30-6:35 Stadium Seating Mon-Thu 3:40-6:35

The Ides of March (STC) Stadium Seating Fri-Sun 1:30-4:10-7:10-9:50 Stadium Seating Mon-Thu 4:05-7:10-9:50

The Metropolitan Opera: Anna Bolina Live (STC) Stadium Seating Sat 1:55

Moneyball (PG) Stadium Seating Fri-Sun 1:45-6:20-9:20 Stadium Seating Mon-Thu 3:30-6:20-9:20

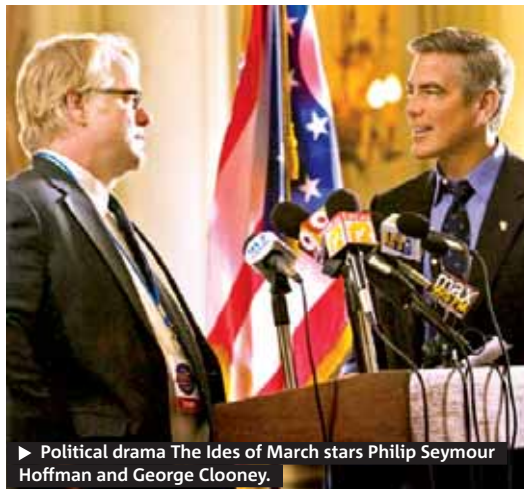
The Omen (STC) Stadium Seating Fri-Sat 11:30-1:30-4:10-7:10-9:50 Stadium Seating Mon-Thu 4:05-7:10-9:50

Real Steel (PG) No Passes, Stadium Seating Fri-Sat 12:55-3:45-6:45-9:35-11:20 No Passes, Stadium Seating Sun 12:55-3:45-6:45-9:35 No Passes, Stadium Seating Mon-Thu 3:45-6:45-9:35

The Thing (18) Stadium Seating Fri-Sat 1:15-3:50-7-9:30-11:55 Stadium Seating Sun 1:15-3:50-7-9:30 Stadium Seating Mon-Thu 3:50-7-9:30

What's Your Number? (STC) Stadium Seating Fri-Thu 8:55

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► Political drama *The Ides of March* stars Philip Seymour Hoffman and George Clooney.

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50/50 (14) Dolby Stereo, Stadium Seating Fri 6:50-9:15 Dolby Stereo, Stadium Seating Sat-Sun 3:35-6:50-9:15 Dolby Stereo, Stadium Seating Mon-Thu 6:50-9:15

The Big Year (PG) Dolby Stereo, Stadium Seating Fri 6:40-9:20 Dolby Stereo, Stadium Seating Sat-Sun 3:40-6:40-9:20 Dolby Stereo, Stadium Seating Mon-Thu 6:40-9:20

Dolphin Tale (G) Dolby Stereo, Stadium Seating Sat-Sun 3:10

Dolphin Tale 3D (G) Dolby Stereo, Stadium Seating Fri-Thu 6:30-9:10

Footloose (PG) Dolby Stereo, Stadium Seating Fri 7-9:35 Dolby Stereo, Stadium Seating Sat-Sun 3:30-7-9:35 Dolby Stereo, Stadium Seating Mon-Thu 7-9:35

The Ides of March (STC) Dolby Stereo, Stadium Seating Fri 7:10-9:25 Dolby Stereo, Stadium Seating Sat-Sun 3:7-10-9:25 Dolby Stereo, Stadium Seating Mon-Thu 7:10-9:25

Real Steel (PG) Dolby Stereo, Stadium Seating, No Passes Fri 6:45-9:30 Dolby Stereo, Stadium Seating, No Passes Sat-Sun 3:20-6:45-9:30 Dolby Stereo, Stadium Seating Mon-Thu 6:45-9:30

The Thing (18) Dolby Stereo, Stadium Seating Fri 7:20-9:40 Dolby Stereo, Stadium Seating Sat-Sun 3:50-7:20-9:40 Dolby Stereo, Stadium Seating Mon-Thu 7:20-9:40

um Seating Fri 7:10-9:25 Dolby Stereo, Stadium Seating Sat-Sun 3:7-10-9:25 Dolby Stereo, Stadium Seating Mon-Thu 7:10-9:25

Real Steel (PG) Dolby Stereo, Stadium Seating, No Passes Fri 6:45-9:30 Dolby Stereo, Stadium Seating, No Passes Sat-Sun 3:20-6:45-9:30 Dolby Stereo, Stadium Seating Mon-Thu 6:45-9:30

The Thing (18) Dolby Stereo, Stadium Seating Fri 7:20-9:40 Dolby Stereo, Stadium Seating Sat-Sun 3:50-7:20-9:40 Dolby Stereo, Stadium Seating Mon-Thu 7:20-9:40

DARTMOUTH

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902-481-3251

50/50 (14) Digital, Dolby Stereo Digital, Stadium Seating Fri-Thu 1:40-4:25-7:35-10:10

The Big Year (PG) Digital, Dolby Stereo Digital, Stadium Seating Fri-Thu 1:25-4-6:35-9:10

Contagion (STC) Digital, Dolby Stereo Digital, Stadium Seating Fri-Thu 9:20

Dolphin Tale (G) Digital, Dolby Stereo Digital, Stadium Seating Fri-Thu 1:05

Dolphin Tale 3D (G) Dolby Stereo Digital, Stadium Seating Fri-Thu 3:40-6:20-9:25

Dream House (STC) Digital, Dolby Stereo Digital, Stadium Seating Fri-Thu 9:55

Footloose (PG) Digital, Dolby Stereo Digital, Stadium Seating Fri-Thu 1:15-4:05-7-9:45

The Ides of March (STC) Digital, Dolby Stereo Digital, Stadium Seating Fri-Thu 12:45-3:25-6:30-9:05

Killer Elite (14) Digital, Dolby Stereo Digital, Stadium Seating Fri 12:55-3:50-6:50 Digital, Dolby Stereo Digital, Stadium Seating Sun-Thu 12:55-3:50-6:50

The Lion King 3D (STC) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:30-4:30-7:20-9:40

The Metropolitan Opera: Anna Bolina Live (STC) Dolby Stereo Digital, Stadium Seating Sat 1:55

Moneyball (PG) Digital, Dolby Stereo Digital, Stadium Seating Fri-Thu 12:50-3:55-7:05-10:10

Real Steel (PG) Digital, Dolby Stereo Digital, Stadium Seating, No Passes Fri-Sun 12:30-1:10-3:35-4:15-6:45-7:15-9:35-10:05 Digital, Dolby Stereo Digital, Stadium Seating Wed 12:30-3:35-4:15-6:45-7:15-9:35-10:05 Digital, Dolby Stereo Digital, Stadium Seating Thu 12:30-1:10-3:35-4:15-6:45-7:15-9:35-10:05

The Thing (18) Stadium Seating Fri-Thu 1:45-4:35-7:30-10:15

What's Your Number? (STC) Digital, Dolby Stereo Digital, Stadium Seating Fri-Thu 12:35-3:20-6:15

TRURO

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20 Treaty Trail, Millbrook
902-895-8020

50/50 (14) Stadium Seating Fri-Thu 9

The Big Year (PG) Dolby Stereo Digital, Stadium Seating Fri 6:55-9:10 Dolby Stereo Digital, Stadium Seating Sat-Sun 3:10-6:55-9:10 Dolby Stereo Digital, Stadium Seating Mon-Thu 6:55-9:10

Dolphin Tale (G) Dolby Stereo Digital, Stadium Seating Fri 6:35 Dolby Stereo Digital, Stadium Seating Sat-Sun 3:30-6:35 Dolby Stereo Digital, Stadium Seating Mon-Thu 6:35

Footloose (PG) Dolby Stereo Digital, Stadium Seating Fri 7-9:25 Dolby Stereo Digital, Stadium Seating Sat-Sun 3:15-7-9:25 Dolby Stereo Digital, Stadium Seating Mon-Thu 7-9:25

The Ides of March (STC) Dolby Stereo Digital, Stadium Seating Fri 6:40-9:05 Dolby Stereo Digital, Stadium Seating Sat-Sun 3:20-6:40-9:05 Dolby Stereo Digital, Stadium Seating Mon-Thu 6:40-9:05

The Lion King 3D (STC) Dolby Stereo Digital, Stadium Seating Fri 6:50-8:55 Dolby Stereo Digital, Stadium Seating Sat-Sun 3:05-6:50-8:55 Dolby Stereo Digital, Stadium Seating Mon-Thu 6:50-8:55

Real Steel (PG) Dolby Stereo Digital, Stadium Seating, No Passes Fri 6:45-9:20 Dolby Stereo Digital, Stadium Seating Sat-Sun 3:05-6:50-8:55 Dolby Stereo Digital, Stadium Seating Mon-Thu 6:40-9:20

The Thing (18) Dolby Stereo Digital, Stadium Seating Fri 6:30-8:50 Dolby Stereo Digital, Stadium Seating Sat-Sun 3:25-6:30-8:50 Dolby Stereo Digital, Stadium Seating Mon-Thu 6:30-8:50

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The Big Year (PG) Fri 7:05-9:25 Sat-Sun 2:50-7:05-9:25 Mon 7:25 Tue 7:05-9:25 Wed-Thu 7:25

Dolphin Tale (G) Sat-Sun 2:35

Dolphin Tale 3D (G) Fri-Sun 6:20-8:55 Mon 7:10 Tue 6:20-8:55 Wed-Thu 7:10

Footloose (PG) Fri 6:30-9:05 Sat-Sun 3:6-30-9:05 Mon 7:15 Tue 6:30-9:05 Wed-Thu 7:15

The Ides of March (STC) Fri 6:40-9:10 Sat-Sun 2:45-6:40-9:10 Mon 7:30 Tue 6:40-9:10 Wed-Thu 7:30

The Lion King 3D (STC) Fri 7-9:15 Sat-Sun 3:15-7-9:15 Mon 7:35 Tue 7-9:15 Wed-Thu 7:35

Real Steel (PG) No Passes Fri 6:45-9:35 No Passes Sat-Sun 2:30-6:45-9:35 No Passes Mon 7

No Passes Tue 6:45-9:35 No Passes Wed-Thu 7

The Thing (18) Fri 7:15-9:40 Sat-Sun 2:40-7:15-9:40 Mon 8:05 Tue 7:15-9:40 Wed-Thu 7:45

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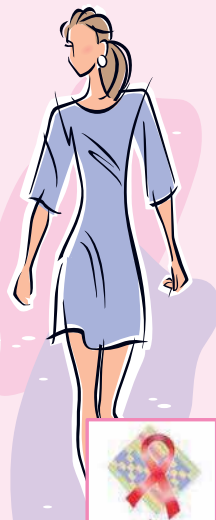
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Walking Dead alive again

► Apocalypse now: hit zombie show back for a second season on AMC ► 13 episodes guaranteed for next year

Just down the road from a tiny country church in rural Georgia, the apocalypse has already arrived.

A band of scrappy survivors is fighting the undead, camping in the woods in hopes of outrun-

ning the hordes of zombies roaming the world. Few of them have made it, and at any moment they

could be eaten alive and turned into one of the monsters that haunt them day and night.

It's just another day on the set of *The Walking Dead*, the hit AMC series that starts its second season Sunday with 13 horrifying new episodes.

Based on the popular comic book of the same name by writer Robert Kirkman, the show is about life after the zombie apocalypse.

"The show is not about how gory we can make it," said co-executive producer Greg Nicotero, the show's special effects makeup guru who also directs this season. "We want it to be shocking. We want to remind the audience of the world we're in — that world is brutal and savage and raw. But it's also about survival."

As always, the show follows the first rule of the zombie genre: No one on the show has ever heard of a zombie, calling them "walkers" instead. They spend each episode learning the tricks of surviving the undead: avoiding loud noises that will draw their

"We want it to be shocking. We want to remind the audience of the world we're in — that world is brutal and savage and raw."

GREG NICOTERO

attention, using rotting carcasses to mask the smell of the living and finding creative new ways to kill the monsters stalking them.

Dead began six months of filming in and around Atlanta in June, boasting plots full of hair-raising new zombie encounters and heart-stopping action.

The first season — which was just six episodes — ended with the Centers for Disease Control and Prevention in Atlanta blowing up and leaving the group with little hope of finding a cure to the virus that creates the zombies.

THE ASSOCIATED PRESS

HANDOUT/THE ASSOCIATED PRESS



► A band of scrappy survivors are fighting the undead, camping in the woods in hopes of outrunning the hordes of zombies roaming their world in *The Walking Dead*.

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Have you got talent? Martin Short wants to see you perform

Martin Short isn't sure just what kind of judge he'll be on the upcoming Canada's Got Talent.

"I have no idea. I've never done anything like this before. Which is its appeal," says the Emmy-winning actor, who was in Toronto Thursday to promote his participation in

the TV talent competition.

"But I do know if you're not yourself, it will just come off as hollow. I'm not there to play a role. I'm there to be me."

The show — which begins filming auditions across Canada next week — features amateur entertainers of all kinds vying

for fame and fortune.

It's a spinoff of the successful British version that launched the career of Susan Boyle. An American version has also been successful.

Short — best known for his comic turns on SCTV and Saturday Night Live — says he was attract-

ed by the show's premise of discovering new performers.

"For so long, I've been asked why there are so many talented Canadians. Is it something in the water?" he says.

"The reality is — there are a lot of talented Canadians. And to see them at

the start of their careers like this is very thrilling."

Short says he's been lucky in that he hasn't had to audition much himself.

He says a stint in a celebrated Toronto production of *Godspell* in the early seventies really got his career rolling.

Canada's Got Talent will

also provide Short with the opportunity to see parts of Canada he's never seen before.

"Halifax I'm looking forward to. Surprisingly, I've never been to Halifax."

Canada's Got Talent premieres on Citytv in March. **IAN JOHNSTON**



► Martin Short



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SALUTE THE UNSUNG HEROES OF ROCK 'N' ROLL

SOUND CHECK



ALAN CROSS
SCENE
@METRONEWS.CA

If anyone asked you to list some of the great heroes of rock 'n' roll, you'd probably come back with names like Elvis, Lennon and Cobain.

All completely legitimate responses, yes. But here are some names that are also just as important to the history of rock — but in a different way.

George Beauchamp

Most people credit Les Paul with having something to do with the invention of the electric guitar — and he did. But the original props must go to Beauchamp, who invented an electrically-amplified guitar in 1931 and began selling models with the help of the Ro-Pat-In Corporation the following year.

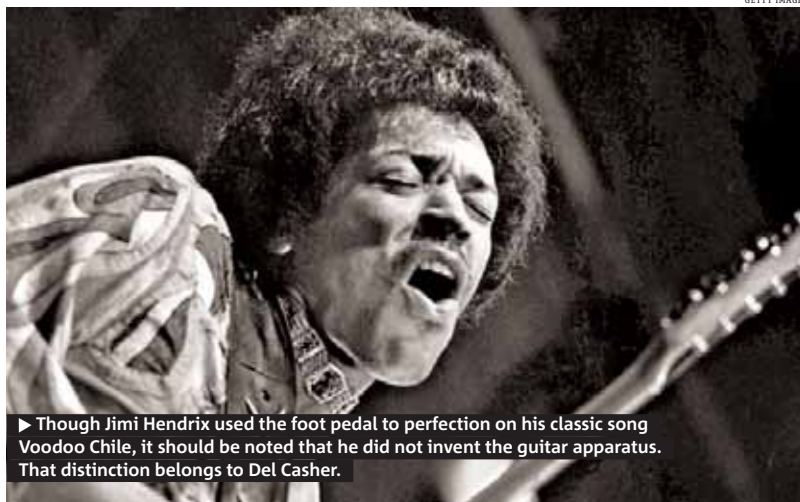
The first documented performance featuring an electric guitar was in 1932 using one of Beauchamp's Electric Spanish models.

Hugh Le Caine

An atomic physicist by vocation, Le Caine ended up in Ottawa working with circuits that could tame electricity and turn it into sounds.

By the mid-'40s, he had constructed an apparatus that made music using a piano-style keyboard.

Very cool — but calling his invention The Electronic Sackbut wasn't a great



► Though Jimi Hendrix used the foot pedal to perfection on his classic song Voodoo Chile, it should be noted that he did not invent the guitar apparatus. That distinction belongs to Del Casher.

marketing move.

Grady Martin

During a session in Nashville in 1960, Grady's guitar amplifier suffered a sort of meltdown.

Instead of sounding clean and pure, his guitar sounded fuzzy and distort-

ed — but in a cool way. With the help of some engineers, Grady came up with a foot pedal that could summon this fuzziness on demand.

It became known as a "fuzz pedal" and gave guitarists a way to make their instrument sound power-

ful and menacing.

Del Casher

Not too long after Grady Martin discovered the power of fuzz, Del — who played guitar for everyone from Lawrence Welk to Frank Zappa — discovered a circuit made by the

Thomas Organ Company called a midrange boost.

Fiddling with it produced the same sort of effect as a trumpeter or trombonist using a mute over the horn. Adapting it to a foot pedal, he gave one to Zappa who gave it to Jimi Hendrix.

He used it to great effect in Voodoo Chile in much the same way Eric Clapton featured it in Cream's White Room. Guitarists have been using wah-wah pedals ever since.

Jim Marshall

Marshall ran a music shop in London. When guitarists started demanding more powerful amplifiers, he started building them. Marshall Amplifiers are now standard dream gear for guitarists everywhere. Oh, and did I mention that Marshall was a drummer?

ALAN IS THE HOST OF THE RADIO SHOW THE SECRET HISTORY OF ROCK. REACH HIM AT ALAN@ALANCROSS.CA



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The ChronicleHerald



Kutcher expecting to see divorce papers

► Demi Moore consulting with attorneys after cheating rumours surface

Ashton Kutcher is reportedly "expecting" Demi Moore to file for divorce after Sara Leal went public with details of her night with the Two and a Half Men star, according to Radar Online.

"Ashton is absolutely gutted. Ashton had confessed his sexual relationship with Sara to Demi after it happened," a source says.

"She's currently consulting with divorce attorneys. Ashton doesn't want her to file for divorce, and is hoping they can work it out. However, Ashton expects that Demi will likely file. Ashton was hoping that Sara wouldn't give any interviews about their sexual encounter, but now she's spilling all the seedy details and it doesn't help matters at all."

The pair have been on the rocks all year as rumours of mutual infidelity have continued to surface over and over again.

● METRO

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► Ashton Kutcher

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U.K.'s King of Queens problem

British Prime Minister David Cameron is working to change a law to ensure that if Prince William's first-born child is a girl, she can still be Queen, according to People magazine.

Currently, if William and Kate's first child is a daughter but their second is a son, the boy would inherit the throne.

"We espouse gender equality in all other aspects of life, and it is an anomaly that in the rules



► David Cameron.

"We espouse gender equality in all other aspects of life and it is an anomaly."

BRITISH PRIME MINISTER DAVID CAMERON

relating to the highest public officer we continue to enshrine male superiority," Cameron wrote in a statement.

● METRO

Talking points

Reynolds stirs up the Gossip with a new Girl

TESTING THE WATERS. Blake Lively and Ryan Reynolds are reportedly "trying out" dating now that both are single, according to Us Weekly.

Lively had previously travelled to Boston, where Reynolds is filming, and now Reynolds has returned the favour, visiting the Gossip Girl set in New York.

"They hugged and then got in a car together," a source says of the visit. "They became good friends on the set (of Green Lantern). Now they're both single and trying it out. They're seeing each other casually."

● METRO

Garner to pop out another kid

MORE FUTURE AVERAGE ACTORS COMING Ben Affleck and Jennifer Garner are expecting their third child, and sources tell Life & Style that it will be their first boy.

Affleck is reportedly thrilled to have a "little sports buddy," the source says. "He can't wait to take his son to baseball games and play catch with him."

As for Garner, she "feels like she won't know what to do. She's close to her two sisters, and her instincts were spotted on with the girls. But she never had a brother and doesn't know the drill."

● METRO

Swank claims ignorance

WE BELIEVE HER Hilary Swank is very, very sorry about attending a birthday party for Chechen president and accused human rights violator Ramzan Kadyrov earlier this month, according to the Associated Press.

"I deeply

Celebrity tweets



"Just got charged \$3 and one cent for a coffee at San Francisco airport. And I had just \$3 on me. Why the bloody one cent?"

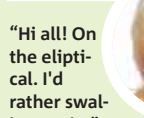
@piersmorgan



@Joan_Rivers

"Let's all stop speculating about Ashton and Demi. We have no idea what those two are going through...aside from puberty and menopause."

@KChenoweth



"Hi all! On the elliptical. I'd rather swallow tacks."

@SethMacFarlane



"Was just in the bookstore--there is an entire section labeled 'Teen Paranormal Romance'. This is why the other countries are beating us."

regret attending this event. If I had a full understanding of what this event was apparently intended to be, I would never have gone," Swank says in a statement.

The Oscar-winning actress claims the invitation was for a concert and made no reference to Kadyrov's birthday. Jean Claude Van Damme also attended the event.

● METRO



3 life

Meet the family



- **Kinman Quon:** Father, Lingnan owner, defender of tradition.
- **Amy Quon:** Mother, Lingnan hostess, bossy.
- **Miles Quon:** Eldest sibling, Lingnan manager, aspiring empire builder.
- **Mandy Quon:** Daughter, Lingnan hostess, family princess.
- **Marty Quon:** Family "slacker", Lingnan waiter.



Travel to another part of Asia with this Spicy tuna pad Thai dish.

Complement Chinese food



PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA
TWITTER: @THEREALWINEGUY



Even though it's been making wine since around 5,000 B.C., as a culture China's always been about the food, so its population never embraced the art of combining liquids and solids with the enthusiasm of their counterparts elsewhere.

Since Chinese food is a combo of sweet, sour and spicy, finding wines to work with everything on your plate is about as easy as keeping a straight face when someone tells you he or she likes the Charlie Sheen-less Three And A Half Men. My pick is something soft with a touch of residual sweetness like a German riesling. Off-dry sparkling and rosé wines work, too.

If you want the hottest Asian food marriage, fill your glass with Moscato. Originally Italian, American upstarts like the non-vintage Barefoot Moscato (\$7.99 - \$11.99) take all the round, lightly-sweet fruit of the muscat grape and massage it into a perfectly plush, tropically-influenced (and not too boozy) companion for any Chinese menu.

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► This recipe makes two to four servings.

Cook like the Quons

► The family behind The Lingnan restaurant, and stars of the The Quon Dynasty, share their Black Bean Chicken recipe ► It's a fave at the eatery

Loved by its customers, the Lingnan restaurant in Edmonton is cosy and elegant but quaintly out of date. The Quon Dynasty follows the family's adventures through a realm power struggles, sibling rivalry and egg rolls.

Black Bean Chicken

This recipe has been popular at the Lingnan since the 1970s. The family makes its own black bean garlic sauce, but you can find it at any good Chinese grocery, and even at some regular supermarkets.

Black bean sauce is popular in Cantonese cooking. Try adding a teaspoon or two to your own stir-fries. And, if you enjoy this recipe, try substituting beef or shrimp for the chicken, or try different vegetable combos. Chinese cooking should be fun!

Preparation:

- 1 Blend together seasonings, except the 1 tbsp oil. Coat chicken with the seasonings; then, stir in the oil. Marinate at least 15 minutes.
- 2 Heat 3 tbsp oil in pan. Fry chicken until cooked. Strain and set aside.
- 3 Heat 2 tbsp oil. Add black bean sauce and onion. Stir-fry until it

smells good (about 2 minutes). Add peppers, celery and carrots, and stir-fry until onions are soft. Add chicken and cooking wine. Mix well. Add in 1 tsp. sugar, ½ tbsp oyster sauce, white pepper and sesame oil. Pour in chicken stock. When sauce boils, thicken with cornstarch mixture. (1 tsp cornstarch and 1 tsp water).

Ingredients:

Chicken seasoning

- 1 tsp powdered chicken broth mix
- 1 tsp light soy sauce
- 1 tsp oyster sauce
- ½ tsp sugar
- 1 tbsp cornstarch
- 2 tbsp water
- Dash of black pepper
- 2 drops sesame oil

- 1 tbsp oil (add last)

Black Bean Sauce Chicken

- 5 tbsp oil for frying
- 14 oz boneless, skinless chicken thighs, in ½-in. cubes
- 2 tsp black bean sauce
- 1/3 small onion, coarsely chopped
- 1/3 each green and red pepper, cut into chunks

See the Quons

What

The 13-part half-hour series showcases the Quon family's ongoing quest to build the family business: The Lingnan Restaurant.

Where and when

The Quon Dynasty premieres Oct. 16 on Citytv.

RECIPE COURTESY OF THE QUON DYNASTY

- 1 stalk celery, sliced
- 5-6 slices carrot
- 1 tsp cooking wine
- 1 tsp sugar
- ½ tbsp oyster sauce
- dash each white pepper
- dash sesame oil
- 4 oz chicken stock, canned
- 1 tsp cornstarch dissolved in 1 tbsp water, for thickening



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Taste the savoury side of pie

Unlikely combo of sweet potatoes, apples and pork results in tasty dish

MATTHEW MEAD / THE ASSOCIATED PRESS



► This dish serves eight.

Though apple pies tend to dominate this time of year, on chilly nights it's nice to remember that pie can have a savoury side as well.

This recipe brings together another of autumn's star ingredients — sweet potatoes — and pairs it with salty, savoury ground pork and sausage.

For good measure and to balance the fatty meats, it also includes apples.

Preparation:

- 1 Heat oven to 200 C (400 F).

Ingredients:

- 1 kg (2 lb) sweet potatoes, peeled and cut into chunks
- 15 ml (1 tbsp) canola or vegetable oil
- 1 small yellow onion, diced
- 30 ml (2 tbsp) chopped fresh sage, divided
- 0.5 (1/8 tsp) allspice
- 5 ml (1 tsp) salt, divided
- 3 ml (3/4 tsp) ground black pepper, divided
- 500 g (1 lb) ground pork
- 500 g (1 lb) loose sausage meat
- 1 apple, peeled, cored and diced
- 125 ml (1/2 cup) breadcrumbs
- 1 egg
- 1 prepared deep-dish pie crust (raw)
- 1 ml (1/4 tsp) nutmeg
- 2 ml (1/2 tsp) finely grated lemon zest

- 2 In a medium saucepan over medium-high, bring about 2.5 cm (1 inch) of water to a boil. Add sweet potatoes and cook until tender, about 8 minutes. Drain and set aside.

- 3 Meanwhile, in a small sauté pan over medium-high, heat oil. Add onion, 15 ml (1 tbsp) of the sage, allspice, 2 ml (1/2 tsp) of the salt and 2 ml (1/2 tsp) of the pepper. Cook until onion is tender, about 5 minutes.

- 4 In a large bowl, mix together the pork, sausage meat, apple, breadcrumbs, egg and

onion mixture. Pat pork the mixture into the pie crust. Bake for 20 minutes.

- 5 Meanwhile, in a large bowl, mash together the sweet potato, remaining 15 ml (1 tbsp) sage, remaining 2 ml (1/2 tsp) salt, remaining 1 ml (1/4 tsp) pepper, nutmeg and lemon zest. After the pork cooks for 20 minutes, remove it from oven and dollop the sweet potato mixture over surface.

- 6 Return the pie to the oven and cook it for another 25 to 30 minutes or until the sweet potato begins to brown and pie registers 74 C (165 F) at the centre. Let cool slightly before slicing and serving.

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4
sports

More sports



THE HALIFAX MOOSEHEADS ARE BACK IN ACTION ON SATURDAY AT THE METRO CENTRE, WITH THE DRUMMONDVILLE VOLTIGEURS VISITING AT 7 P.M. WITH STAR FORWARD SEAN COUTURIER CRACKING THE PHILADELPHIA FLYERS' ROSTER THIS SEASON, THE LONG POWERFUL VOLTIGEURS HAVE A 5-6-1 RECORD BUT ARE COMING OFF A 5-1 VICTORY OVER THE CAPE BRETON SCREAMING EAGLES ON THURSDAY.

Moose keep streak intact

► Mooseheads light it up again with five goals ► Hot streak has seen Herd pour in 24 goals in four games



MATTHEW WUEST
@METRONEWS.CA

Depending on who you asked, this Halifax Mooseheads victory was either ugly or lucky — neither of which the team is all that proud of.

But if it takes some ugly goals and lucky breaks to help your franchise get just its second four-game winning streak in more than three seasons, you take them.

The Mooseheads stayed on a roll on Thursday night at the Metro Centre, coming from behind with a three-goal third period to beat the Blainville-Boisbriand Armada 5-3 before a crowd of 4,459.

"It was a lucky win," conceded captain Cameron Critchlow. "When you start to put together a winning streak, you find different ways to win games, and obviously we found a way to win tonight."

Critchlow and his teammates didn't think they deserved to escape from the first two periods only trailing 3-2. Both of their early goals came in the first period on long, low-percentage shots off the sticks of Darcy Ashley and Trey Lewis.

But Halifax shook off the slow start and came on strong in the third, with Alexandre Cote and Critchlow scoring just 15 seconds apart at 2:06 and

"We obviously didn't play our best the first two periods and we weren't happy with how we played. Fortunately, they're a young team over there, and the boys really came out hard in the third period."

MOOSEHEADS CAPTAIN
CAMERON CRITCHLOW

2:21 to give the Mooseheads the lead. Nathan MacKinnon added an insurance marker at 10:50 to seal the deal.

"You need to be good to be lucky," said Mooseheads forward Brent Andrews with a grin. "But for sure. You can't get away with those two periods that often, having a bad 40 (minutes) and coming back."

Andrews, an 18-year-old centre, is one of just six Mooseheads who was around for the last four-game winning streak in November 2009. Seeing the team climbing up the QMJHL standings with a 7-4 record is a rewarding feeling, he said.

"It's a result of hard work paying off and all the work they did in the front office," Andrews said. "The boys are really coming together and the results are showing."



► Halifax Mooseheads defenceman Sawyer Hannay clobbers Blainville-Boisbriand Armada forward E.J. Faust during the second period of Thursday night's QMJHL game at the Metro Centre. The Mooseheads came from behind to beat the Armada 5-3.

Power play yet to come to life

The Mooseheads scored five more goals on Thursday night, but their continued offensive

success came with no help from their power play.

The Moose have poured in 24 goals during their four-game winning streak and had plenty of puck-possession but were unable to find the net on seven power play tries.

"Some days the power

play works, some days it doesn't," said Mooseheads captain Cameron Critchlow. "We have a lot of skilled guys and we had a lot of puck possession time. Maybe we need to move it a little quicker, but it will come."

● MATTHEW WUEST



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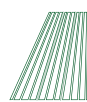


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Huskies going with the hot hand



▶ Jack Creighton

▶ After quitting halfway through last season Creighton takes over at QB



MATTHEW WUEST
@METRONEWS.CA

It's up to Jack Creighton to finish what he starts on Saturday.

The fourth-year Saint Mary's Huskies quarterback has been named the starter over rookie Jesse Mills for the Huskies' Atlantic University Sport football matchup against the St. Francis Xavier X-Men at 2 p.m. in Antigonish.

Creighton, who started 12 games with the Huskies over the previous three seasons, took over for Mills early in last Friday's 40-16 win over the X-Men and went off for 263 yards and three touchdowns.

"I like what Jack did in the last game and I think

INELIGIBLE PLAYER CONTROVERSY

Carabins submit final appeal

The Saint Mary's Huskies are still in limbo over a potential forfeit win over the Montreal Carabins that would leave them with a 5-0 record.

The Carabins used an ineligible player in a 11-10 win over Saint Mary's on Sept. 17. The game was ruled a forfeit in favour of the Huskies and the Carabins have now launched their second and final appeal on the matter.

John Bower, spokesman for RSEQ, the governing body of university sport in Quebec, said Thursday the "final instance of the appeal has not begun."

● MATTHEW WUEST

he deserves an opportunity to start the game and see what happens," said Huskies head coach Steve Sumarah.

Sumarah admitted he's somewhat indecisive on

the matter and said he isn't closing the door to Mills winning the job back. The six-foot-four Haligonian has thrown for 794 yards, four touchdowns and six intercep-

tions in five starts.

"By no means am I saying this is a solved issue, but at this point, I think I really need to see how Jack's going to perform," Sumarah said. "Our big thing is, whoever's playing well is going to be the guy to play. That's as clear as I can make it."

The Huskies are 4-1 and have already clinched a playoff spot. A win on Saturday will put them one step closer to a playoff bye.

While the optics of a late-season quarterback shuffle aren't good, Sumarah said riding the hot hand is the best option for now.

"In a perfect world, you'd want stability, but I'm happy going with whatever's going to work for us," Sumarah said.

Sports in brief

Rainmen offer free tickets to exhibition game

NBL. The Halifax Rainmen are opening their doors to fans for their pre-season opener next Sunday.

The Rainmen, who host the Summerside (P.E.I.) Storm at the Metro Centre on Oct. 23 at 2 p.m., announced on

Thursday that title sponsor Rogers Communications is offering 10,000 free tickets to the game on a first-come, first-serve basis.

The tickets will be available to the public on Friday at 11 a.m.

The event, dubbed Slam Dunk Fan Night, will feature the first National Basketball League of Canada action in Halifax. The Rainmen disassociated with the Premier Basketball League in April and have formed a new seven-team Canadian circuit. ● METRO

Moose Dry stay alive in semis

NSSBL. Jason Bailey pitched a complete-game three-hitter with 11 strikeouts as host Dartmouth Moosehead Dry beat the Halifax Pelham Molson Canadians 4-1 in the Nova Scotia Senior Baseball League final. Dartmouth leads the best-of-seven series 3-2, with Game 5 Saturday at 2 p.m. at Mainland Common and Game 6 Sunday at 7 p.m. at Beazley Field.

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Crosby takes 'big step' toward return

► Cole Harbour superstar cleared for full-contact ► 'I don't think it's hard to be patient at this point': Crosby

Sidney Crosby is one final step away from returning to the NHL.

The Pittsburgh Penguins captain shed the white no-contact helmet he has worn for nearly a month and was a full participant in a morning skate Thursday after being cleared to absorb hits in practice for the first time since sustaining a concussion in January.

Crosby still must show he can handle contact with no concussion-related problems before he can play in games but, after being symptom free for weeks, he admittedly is "excited" to be closer to returning.

"It's a good step in the right direction," said Crosby, sweat still pouring off his face following the half-hour practice. "It's a big step.... We'll see how things

Practice shortage

Sidney Crosby can now take part in every phase of practice, but the Penguins aren't practising much.

► They're beginning the season by playing six games in 10 days and eight in 13 days.

► Coach Dan Bylsma might have to create some contact-heavy drills especially for Crosby, who said no drill can replicate a game.

go."

The Cole Harbour native didn't throw any checks or accept any as the Penguins mostly skated and went through shooting drills in advance of Thursday's game against the Washington Capitals. Still, Crosby

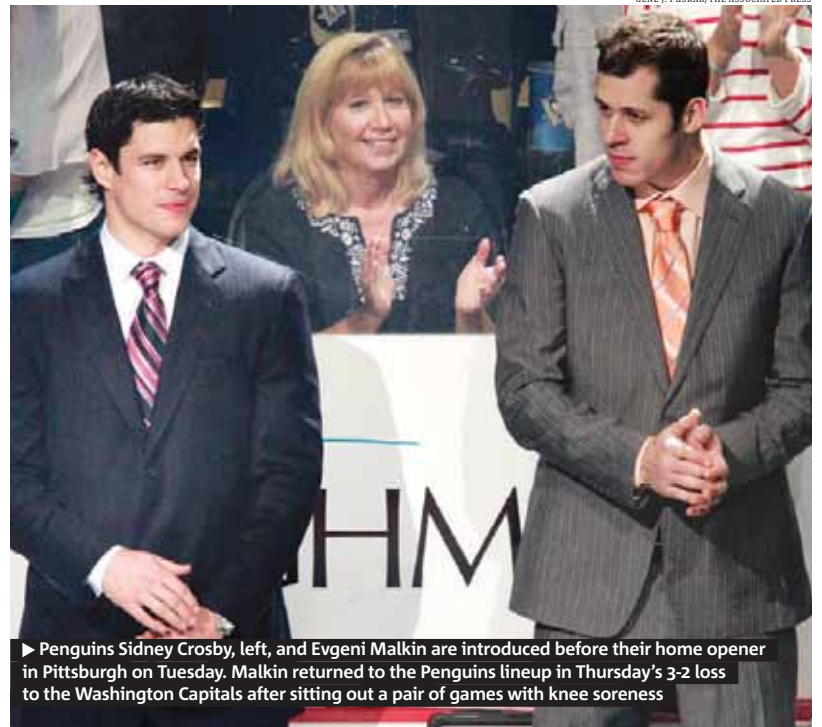
said he won't be reluctant to instigate contact when he does practise.

Penguins coach Dan Bylsma said there is no firm timetable for Crosby's return to games. Neither Bylsma nor Crosby dropped any hints whether it might be — mere days or a few weeks.

"But I don't think it's hard to be patient at this point," said the 24-year-old Crosby. "I'm getting closer and I want to make sure I respond well in the next however long it is."

Crosby must show he can handle any and all contact without a recurrence of any of his previously suffered symptoms, such as headaches, dizziness, an inability to concentrate, sensitivity to loud noises or bright lights.

THE CANADIAN PRESS



► Penguins Sidney Crosby, left, and Evgeni Malkin are introduced before their home opener in Pittsburgh on Tuesday. Malkin returned to the Penguins lineup in Thursday's 3-2 loss to the Washington Capitals after sitting out a pair of games with knee soreness

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Tigers eke out win to stay alive in ALCS

Justin Verlander helped save Detroit's season with a gutsy effort as the Tigers beat Texas 7-5 Thursday to cut the Rangers' lead to 3-2 in the AL championship series.

Delmon Young hit two of Detroit's four homers and Miguel Cabrera had a tiebreaking double in the sixth inning — thanks to a bizarre bounce off third base. After building a five-run cushion, the Tigers held off Texas despite Nelson Cruz's record fifth home run of the series.

With closer Jose Valverde

7	5
TIGERS	RANGERS

unavailable for Detroit, the Rangers made it 7-5 in the ninth and had Cruz on deck when Phil Coke retired Mike Napoli on a game-ending groundout with two men on. THE ASSOCIATED PRESS

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Kiprusoff sets Flames' record against Canadiens

► Flames netminder's 263rd win surpasses Mike Vernon's mark ► Montreal's Carey Price denied 100th victory

Rene Bourque scored twice and Miikka Kiprusoff got the Flames all-time wins record as Calgary spoiled the Montreal Canadiens' home opener with a 4-1 victory on Thursday night.

Niklas Hagman and David Moss also scored as Calgary (1-2-0) got its first win.

Andrei Kostitsyn scored for Montreal (1-2-0), which has not beaten Calgary in regulation time since Dec. 9, 2008. It was their first meeting since the Flames shut out Montreal 4-0 in the Heritage Classic outdoor game in Calgary last winter.

Montreal outshot the

Flames 36-21.

The Canadiens stormed out after their pre-game player introductions and got the opening goal at 1:47 when Cory Sarich broke his stick taking a shot at the Montreal blue-line to set up a two-on-one the other way. Kostitsyn slipped the puck in an

open side after Max Pacioretty banked a shot off the end boards.

The Flames scored twice as Montreal took three straight minor penalties, two by captain Brian Gionta. Bourque picked the top corner from the right circle at 7:15 and Hagman jumped on a deflection off

Andreas Engqvist's skate in the slot to beat Price at 11:38. Bourque picked up his 100th point as a Flame on the play.

Sustained pressure in the Montreal zone led to Bourque's second of the night 13:22 into the second as Price made two saves but couldn't stop the

last rebound to Moss from the edge of the crease.

The Flames move on to face the Maple Leafs in Toronto while Montreal stays home to meet Colorado on Saturday night.

Calgary is 3 for 10 on the power play this season and Montreal is 1 for 13.

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Spiritual

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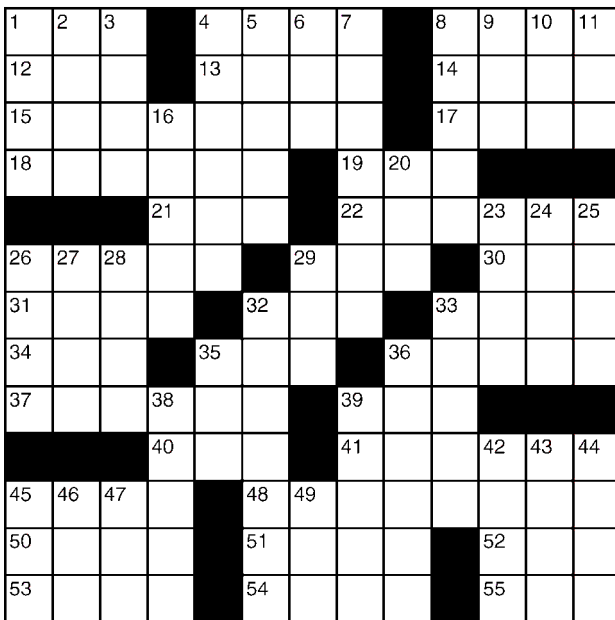




Crossword

Across

- 1 Cleo's slayer
4 Not many
8 Manufactured
12 Debtor's letters
13 Continental coin
14 Teen's skin woe
15 Tyrannize
17 "Let's Make a —"
18 Tooth coating
19 Spectra automaker
21 Faux —
22 Part of A.D.
26 Seethes
29 Prohibit
30 Moines lead-in
31 Bohemian
32 Festive
33 Dog bane
34 Born
35 Understood
36 Toboggans
37 "Blueberry Hill" singer
39 Whatever number
40 Pie ingredient?
41 Praying bug
45 "— and Circumstance"
48 "The Two Mrs. Grenvilles" author
Dunne
50 Actress Falco
51 Kazakhstan's — Sea
52 Mainlander's memento
53 Healthy
54 Longings
55 Recipe meas.
Down
1 Helper
2 Any minute now
3 Cougar
4 Son of Aphrodite
5 Gas, oil, et al.
6 Before
7 9-to-5 period, e.g.
8 Sir's counterpart
9 Expert
10 "CSI" evidence
11 Lamprey, for one
16 Suggest
20 Charged bit
23 Between jobs
24 Gotta have
25 "Handsomeness — ..."
26 Musical combo
27 Sandwich cookie
28 Particular

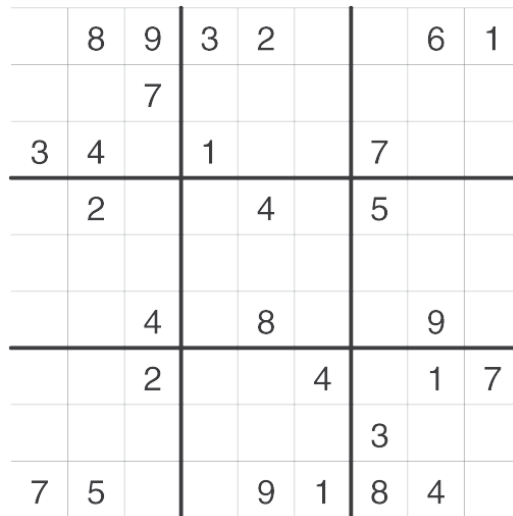


- 29 Cudgel
32 Farewell address?
33 Swashbuckling movie star
35 Wildebeest
36 Escargots
38 Urge on
39 Jordan's capital
42 Pinball no-no
43 Clinches
44 Omnit
45 Church seating
46 Idolater's writing
47 Wire measure
49 Galena, for one

Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer

7	1	5	4	8	2	9	6	3
8	4	9	3	6	7	5	2	1
6	3	2	5	9	1	7	4	8
2	5	1	9	7	6	3	8	4
9	6	4	2	3	8	1	7	5
3	8	7	1	5	4	6	9	2
4	2	3	7	1	9	8	5	6
1	7	8	6	2	5	4	3	9
5	9	6	8	4	3	2	1	7

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Boat

Pl. don't hesitate to call me or just drop by. Stay calm, I am always here to help sweetie. **LIGHTHOUSE**

Sparty

Saw these being published in the paper and thought I'd write one to you. I hope you have an amazing day because you're an amazing person, and I hope this makes your day just that much better! **SUE**

M.J. aka Rockstar!!

Happy Birthday Babe!! Hope you have a wonderful day. I love you xoxo. **N.G.**

Tink, It has taken a lifetime of mistakes until we finally met. You are the woman of my dreams, my rock, my best friend. Never doubt my commitment to you, our family and new lifelong commitment. We are strong together. Thank you for having me. Xo~ **REX**

Today's horoscope

♈ Aries March 21-April 20 Confront whatever it is you fear most and find ways to overcome it.

♉ Taurus April 21-May 21 Tempers could be on the short side over the next 24 hours, especially if people keep changing their plans.

♊ Gemini May 22-June 21 Don't waste your energy on someone who seems determined to give you a hard time. Let him or her go.

♋ Cancer June 22-July 22 Just because you see things clearly does not mean others do. There will be times today when it seems as if the whole world is blind. Enlighten it.

♌ Leo July 23-Aug. 23 Not everything will go your way today but overall the forecast is good, so ignore the little negative things.

♍ Virgo Aug. 24-Sept. 22 Even if you are the rare Virgo who likes surprises, what happens today won't meet your approval.

♎ Libra Sept. 23-Oct. 23 It's good that you're the forgiving sort because someone will try your patience today. Use humour to deal.

♏ Scorpio Oct. 24-Nov. 22 There will be a string of disruptions today but you won't be as inconvenienced as some people.

♐ Sagittarius Nov. 23-Dec. 21 Keep your schedule flexible as unexpected developments will throw everything off course.

♑ Capricorn Dec. 22-Jan. 20 You will discover something new about a friend today. It may shock you but you will also be impressed.

♒ Aquarius Jan. 21-Feb. 18 Expect a few surprises today. If you keep your wits about you, they'll be turned in your favour.

♓ Pisces Feb. 19-March 20. Hold on to your purse because cash has a way of slipping through your fingers. **SALLY BROMPTON**

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Caption contest



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LOOK AGAIN SPOT THE 10 DIFFERENCES IN THESE TWO IMAGES.

Montreal, Quebec – While fuel isn't on the menu, fun definitely is. With a shockingly powerful, ridiculously fuel-efficient turbo engine, the super city savvy 2012 Chevrolet Sonic only stops for one thing; a good time.



1. Removed windscreen washer nozzle on 2012 Chevrolet Sonic hood 2. Removed purse in store window behind the 2012 Chevrolet Sonic 3. Added flower to bed of flowers around tree 4. Removed street light fixture in the window of green painted store 5. Inverted red and white colours on Cafe awning 6. Changed colour of the seat to black 7. Removed store name above the store behind the 2012 Chevrolet Sonic 8. Shifted mailbox up 9. Removed light fixture in the window of green painted store 10. Added reflector to passenger side of 2012 Chevrolet Sonic



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